





INTERNATIONAL ASSOCIATION OF UNIVERSITIES PHYSICAL EDUCATION AND SPORTS

MINISTRY OF SPORTS DEVELOPMENT OF THE REPUBLIC OF UZBEKISTAN

UZBEK STATE UNIVERSITY OF PHYSICAL EDUCATION AND SPORTS

INFORMATION LETTER No. 1

Dear colleagues!

On behalf of the International Association of Universities of Physical Education and Sport, we invite students, undergraduates, graduate students, doctoral students of your university to take part in the XI International Scientific Conference of Students and Young Scientists "UNIVERSITY SPORTS: HEALTH AND PROSPERITY OF THE NATION", which will be held on September 23-24, 2022 on the basis of the Uzbek State University of Physical Education and Sport.

Purpose of the Conference:

Consolidation of young scientists and specialists to discuss various problems and prospects for the development of university sports, means and methods for promoting the health and physical development of young people.

To participate in the conference are invited:

Members of the International University Sports Federation (FISU); Young scientists not older than 35 years at the time of the conference: students, undergraduates, graduate students and doctoral students, teachers, researchers and specialists in physical education and sports.

Directions of the conference:

- 1. Student sports movement: experience, problems, prospects.
- 2. Innovative technologies of the modern system of training athletes.
- 3. Motor activity and mass sports in a healthy lifestyle. Sports and health tourism.
- 4. Medico-biological and psychological support of student sports.
- 5. Physical education in educational institutions of all types: problems and prospects.

Conference working languages:

Russian, English, Uzbek.

Key dates:

April	newsletter of information letter No. 1		
May 1 – June 31	acceptance of applications and materials		
June 1 – August 1	acceptance of applications and materials		
June 1 - August 20	payment of fees		
from September 22	date of arrival		
September 23-24	conference		
from September 25	departure date		
until November 1	distribution of collections of materials, certificates		

Conference form:

Plenary and breakout sessions, poster sessions.

Hybrid format (face-to-face participation and Internet).

Based on the results of the conference, a collection of materials will be published with the assignment of the ISBN identifier, which in PDF format will be posted on the university's Internet page, in international databases for indexing scientific citation, and will also be sent along with the participant's certificate to the e-mail address indicated in the application.

Duration of reports:

plenary session
 breakout session
 poster (poster) report
 20-25 minutes
 10-15 minutes
 5 minutes

Conditions for participation in the conference:

To participate in the conference **until June 30, 2022**, it is necessary to send to the organizing committee by e-mail: **conference2022@jtsu.uz** the following files, issued separately in the format: "Ibragimov Thesis.doc," "Ibragimov Application.doc" and "Ibragimov Data.doc":

- 1) Application for participation in the conference (Appendix 1), filled in for each participant separately.
- 2) **Text of scientific work** in .doc format, drawn up in accordance with the requirements (*Appendices 2.1 and 2.2*). From one author (including co-authorship) *no more than 2 abstracts are accepted*.
- 3) *Certificate of educational status* indicating the course of study for students (bachelors) and masters.
- 4) After the acceptance of the materials, each participant will be sent *bank details to pay the registration fee*. A copy of the bank transfer receipt marked "UzSUPhES-2022 Conference" must be sent to the organizers' e-mail. In case of payment of the registration fee during the conference it is necessary to provide a *letter of guarantee* about the upcoming payment on the official form of the sending organization

Registration fee:

The registration fee *for 1 participant* is differentiated depending on the form of participation in the conference:

	Full-time participation			Damata	
Member Status	Student/ bachelors	Master student	Young scientist, PhD student, doctoral student	Remote participation (for 1 article)	
Members of the	\$/€ 30	\$/€ 40	\$/€ 50		
Association	(USD / Euro)	(USD / Euro)	(USD / Euro)	\$/€ 10	
Not members of	\$/€ 60			(USD / Euro)	
the Association	(USD / Euro)				

The registration fee of the full-time participant includes: a package of the conference participant (program, conference materials collection, badge, participant certificate, notebook, pen, souvenir), coffee breaks, meals on the days of the conference, transfer from the airport to the hotel and back, excursions.

The registration fee for absentee participation in the conference includes sending the author of the electronic collection of the conference and the certificate of the participant.

The application for participation, theses of the report, a copy of the receipt for payment and a certificate should be sent to e-mail: conference2022@jtsu.uz (in the line "Topic" indicate "UzSUPhES-2022 Conference").

Travel and other overhead costs at the expense of sending organizations.

According to preliminary requests and agreement, it is possible to organize a 1-day excursion to the ancient city of Samarkand

Coordinates of the organizing committee:

Address: Uzbek State University of Physical Education and Sport, International department. 19, Sportivnaya Str., Chirchik, 111709, Tashkent region, Republic of Uzbekistan.

URL: https://jtsu.uz

Phone: +998-70-717-1776.

E-mail: conference2022@jtsu.uz

Contact persons:

Kamil Bayazitov, Vice-Rector for Scientific Work and Innovation of UzSUPhES. *Nailya Svetlichnaya*, coordinator for the organization of the conference.

Mob.: +998-94-605-8946

This letter is an invitation to participate in the conference.

Thank you for your interest in our invitation!

See you in Uzbekistan!

APPLICATION

for participation in the XI-th International scientific conference of students and young scientists "University sports: health and prosperity of the nation"

Uzbekistan, 23-24 September 2022

(for each participant to be completed separately)

Name					
Surn	ame (Last name)				
Title					
Date	of Birth (Day.Month.Year)				
Sex		☐ Male	☐ Female		
The o	country				
Orga	nization (full name)				
Parti	cipant category	☐ Student/ bachelors☐ Master student☐ PhD student	☐ Young scientist☐ Research supervisor☐		
Scien	tific degree, academic title				
Posit	ion, course, faculty				
Postal address (with zip code)					
E-mail address					
Daytime telephone (mobile) number		+			
Conf	erence Destination				
Title	of publication (report)				
View participation		☐ Full-time with a report off-line ☐ Full-time participation on-line ☐ Correspondence, publication only			
	ssary technical means for resentation		·		
The need for reservations		☐ Yes			
hotel		\square No			
	I hereby confirm my consent to the processing of personal data				
	I confirm my consent to photo, audio and video recording, as well as broadcasting of the Conference events with my participation				

REQUIREMENTS FOR FORMING MATERIALS:

- The topics of the abstracts should correspond to the topics of the conference directions.
- The abstracts of the report should briefly present the results of the conducted scientific research or detailed analytical scientific material.
- Materials are provided in the amount of **up to 3 pages of** A4 format, <u>do not number the pages</u>.
- The text of the abstracts is drawn up in the text editor MS Word, font Times New Roman, size 14, line spacing single, text alignment In width, margins 2 cm on each side.
- The text of the work should not contain word hyphenation.
- Information from the 1st to the 6th line is given in English and Russian.

1st line: UDC index reflecting the subject of the work.

2nd line: the title of the work in the center in capital letters, in bold.

3rd line: First name Last name (in full) of all authors in lower case, bold italics.

4th line: full name of the organization, country, city.

5th line: e-mail address (e-mail) of one of the authors.

6th line: keywords, no more than 2 lines.

7th line: annotation, not more than 500 characters with spaces.

- If the work is written *in English*, then the title, abstract (4-5 lines) and keywords should be presented in Russian.
- Through the interval the text of the scientific work.
- Abstracts must be *structured*:

Introduction (*relevance*) indicating the problem, analysis of recent research and publications on the research topic, highlighting previously unresolved parts of the problem that this work is devoted to;

Purpose and objectives of this work;

Methods and organization of research;

The results of the study and their discussion with a full justification of the obtained scientific results (with a show of what has been established and clarified);

conclusions with the prospect of further research in this direction;

Bibliography, formatted according to the standard in the original language, no more than 5 sources in alphabetical order, indicated in the text in square brackets [1, 2].

- Manuscripts of scientific articles are checked by the Anti-Plagiarism system. The share of the original text should be at least 60%.
- The author is solely responsible for the content of the materials.
- Students and undergraduates present their work with the approval of the supervisor.
- Works designed and sent without meeting the specified requirements, sent after the deadline, will not be accepted for printing.

Make sure your mail is received!

EXAMPLE OF THE THESIS FORMATION

UDC: 796

FEATURES OF CREATION OF TRAINING FITNESS CLASSES AT STUDENT

Ibragim Ibragimov, Ivan Ivanov

Uzbek State University of Physical Education and Sport, Uzbekistan, Chirchiq E-mail: mail@umail.uz

Annotation. 3-4 lines of text. **Keywords**: no more than 2 lines

Ключевые слова: не более 2 строк

УДК: 796

ОСОБЕННОСТИ ПОСТРОЕНИЯ ТРЕНИРОВОЧНЫХ ЗАНЯТИЙ ФИТНЕСОМ У СТУДЕНТОВ

Ибрагим Ибрагимов, Иван Иванов

Узбекский государственный университет физической культуры и спорта, Узбекистан, г. Чирчик E-mail: mail@umail.uz

Аннотация. 3-4 строки текста.

Introduction. Text. Text

Bibliography.

- 1) Surname, N. (Year). Title. City: Publisher.
- 2) Surname, N. (Year) Title. Journal, No., Pages. (DOI)
- 3) Surname I.O. Title // Collection of the conference. City: Publisher, Year. Pages.

Articles that do not meet the requirements or have been received after the specified period are not accepted for publication!