

2025/2026 O'QUV YILI UCHUN **ADAPTIV JISMONIY TARBIYA VA SPORT**
 IXTISOSLIGIDAN KASBIY (IJODIY) IMTIHONLARINING ME'YORIY TALABLARI VA
 BAHOLASH MEZONLARI
 (Ixtisoslik bo'yicha maksimal ball - 93 ball)

Erkaklar uchun

3 kg li To'ldirma to'pni bosh ortidan uloqtirish 3 ta urinishdagi eng yaxshi natija(sm) 31 ball		Skamekada turib oldinga egilish (sm) 31 ball		Mokkisimon yugurish 4 x 10m (soniya) 31 ball	
Max:ball	Natija	Max:ball	Natija	Max:ball	Natija
31	11.81-12.00	31	25	31	9
30	11.61-11.80	30	24	30	9,1
29	11.41-11.60	29	23	29	9,2
28	10.21-11.40	28	22	28	9,3
27	10.01-10.20	27	21	27	9,4
26	9.81-10.00	26	20	26	9,5
25	9.61-9.80	25	19	25	9,6
24	9.41-9.60	24	18	24	9,7
23	9.21-9.40	23	17	23	9,8
22	9.01-9.20	22	16	22	9,9
21	8.81-9.00	21	15	21	10
20	8.61-8.80	20	14	20	10,1
19	8.41-8.60	19	13	19	10,2
18	8.21-8.40	18	12	18	10,3
17	8.01-8.20	17	11	17	10,4
16	7.81-8.00	16	10	16	10,5
15	7.61-7.80	15	9	15	10,6
14	7.41-7.60	14	8	14	10,7
13	7.21-7.40	13	7	13	10,8
12	7.01-7.20	12	6	12	10,9
11	6.81-7.00	11	5,5	11	11
10	6.61-6.80	10	5	10	11,1
9	6.41-6.60	9	4,5	9	11,2
8	6.21-6.40	8	4	8	11,3
7	6.01-6.20	7	3,5	7	11,4
6	5.81-6.00	6	3	6	11,5
5	5.61-5.80	5	2,5	5	11,6
4	5.41-5.60	4	2	4	11,7
3	5.21-5.40	3	1,5	3	11,8
2	5.01-5.20	2	1	2	11,9
1	4.81-5.00	1	0,5	1	12
0	1-4.80	0	0	0	12,1

2 kg li to'ldirma to'pni bosh ortidan uloqtirish 3 ta urinishdagi eng yaxshi natija(sm) 31 ball		Skamekada turib oldinga egilish (sm) 31 ball		Mokkisimon yugurish 4x10m (soniya) 31 ball	
Max:ball	Natija	Max:ball	Natija	Max:ball	Natija
31	9.81-10.00	31	25	31	10
30	9.61-9.80	30	24	30	10,1
29	9.41-9.60	29	23	29	10,2
28	9.21-9.40	28	22	28	10,3
27	9.01-9.20	27	21	27	10,4
26	8.81-9.00	26	20	26	10,5
25	8.61-8.80	25	19	25	10,6
24	8.41-8.60	24	18	24	10,7
23	8.21-8.40	23	17	23	10,8
22	8.01-8.20	22	16	22	10,9
21	7.81-8.00	21	15	21	11
20	7.61-7.80	20	14	20	11,1
19	7.41-7.60	19	13	19	11,2
18	7.21-7.40	18	12	18	11,3
17	7.01-7.20	17	11	17	11,4
16	6.81-7.00	16	10	16	11,5
15	6.61-6.80	15	9	15	11,6
14	6.41-6.60	14	8	14	11,7
13	6.21-6.40	13	7	13	11,8
12	6.01-6.20	12	6	12	11,9
11	5.81-6.00	11	5,5	11	12
10	5.61-5.80	10	5	10	12,1
9	5.41-5.60	9	4,5	9	12,2
8	5.21-5.40	8	4	8	12,3
7	5.01-5.20	7	3,5	7	12,4
6	4.81-5.00	6	3	6	12,5
5	4.61-4.80	5	2,5	5	12,6
4	4.41-4.60	4	2	4	12,7
3	4.21-4.40	3	1,5	3	12,8
2	4.01-4.20	2	1	2	12,9
1	3.81-4.00	1	0,5	1	13
0	3.61-3.80	0	0	0	13,1

2025/2026 O'QUV YILI UCHUN **ADAPTIV JISMONIY TARBIYA VA SPORT**
 IXTISOSLIGIDAN KASBIY (IJODIY) IMTIHONLARINING ME'YORIY TALABLARI VA
 BAHOLASH MEZONLARI
 (Jismoniy tayyorgarlik bo'yicha maksimal ball - 63 ball)

Erkaklar uchun

400 metrga yugurish(soniya) 31 ball		Joydan turib uzunlikka sakrash (sm) 32 ball	
Max:Ball	Natija	Max:Ball	Natija
31	55.00	32	270
30	56.00	31	2,69
29	57.00	30	2,65
28	58.00	29	2,61
27	59.00	28	2,57
26	1:00,0	27	2,53
25	1:01,0	26	2,49
24	1:02,0	25	2,45
23	1:03,0	24	2,41
22	1:04,0	23	2,37
21	1:05,0	22	2,33
20	1:06,0	21	2,29
19	1:07,0	20	2,25
18	1:08,0	19	2,21
17	1:09,0	18	2,17
16	1:10,0	17	2,13
15	1:11,0	16	2,09
14	1:12,0	15	2,05
13	1:13,0	14	2,01
12	1:14,0	13	1,97
11	1:15,0	12	1,93
10	1:16,0	11	1,89
9	1:17,0	10	1,85
8	1:18,0	9	1,81
7	1:19,0	8	1,77
6	1:20,0	7	1,73
5	1:21,0	6	1,69
4	1:22,0	5	1,65
3	1:23,0	4	1,61
2	1:24,0	3	1,57
1	1:25,0	2	1,53
0	1:26,0	1	1,40
		0	1,48-0 gacha

400 metrga yugurish(soniya) 31 ball		Joydan turib uzunlikka sakrash (sm) 32 ball	
Max:Ball	Natija	Max:Ball	Natija
31	1:10,0	32	240
30	1:11,0	31	2,36
29	1:12,0	30	2,32
28	1:13,0	29	2,28
27	1:14,0	28	2,24
26	1:15,0	27	2,20
25	1:16,0	26	2,16
24	1:17,0	25	2,12
23	1:18,0	24	2,08
22	1:19,0	23	2,0
21	1:20,0	22	2,00
20	1:21,0	21	1,96
19	1:22,0	20	1,92
18	1:23,0	19	1,88
17	1:24,0	18	1,84
16	1:25,0	17	1,80
15	1:26,0	16	1,76
14	1:27,0	15	1,72
13	1:28,0	14	1,68
12	1:29,0	13	1,64
11	1:30,0	12	1,60
10	1:31,0	11	1,56
9	1:32,0	10	1,52
8	1:33,0	9	1,48
7	1:34,0	8	1,44
6	1:35,0	7	1,40
5	1:36,0	6	1,36
4	1:37,0	5	1,32
3	1:38,0	4	1,28
2	1:39,0	3	1,24
1	1:40,0	2	1,20
0	1:41,0	1	1,19
		0	1,18-0 gacha

**2025/2026 O'QUV YILI UCHUN NOGIRON VA JISMONIY IMKONIYATI CHEKLANGANLARNING PARA YENGIL ATLETIKA
IXTISOSLIGI BO'YICHA KASBIY (JODIY) IMTIHONLARINING ME'YORIY TALABLARI VA BAHOLASH MEZONLARI
(Ixtisoslik bo'yicha maksimal ball - 93 ball)**

Erkaklar uchun

100 m ga yugurish	93	83	73	63	53	43	33	23	13	3
T/11	12,10	12,20	12,30	12,40	12,50	12,60	12,70	12,80	12,90	13,00
T/12	11,40	11,50	11,60	11,70	11,80	11,90	12,00	12,10	12,20	12,30
T/13	11,20	11,30	11,40	11,50	11,60	11,70	11,80	11,90	12,00	12,10
T/20	11,80	11,90	12,00	12,10	12,20	12,30	12,40	12,50	12,60	12,70
T/35	15,00	15,10	15,20	15,30	15,40	15,50	15,60	15,70	15,80	15,90
T/36	14,00	14,10	14,20	14,30	14,40	14,50	14,60	14,70	14,80	14,90
T/37	13,50	13,60	13,70	13,80	13,90	14,00	14,10	14,20	14,30	14,40
T/38	13,30	13,40	13,50	13,60	13,70	13,80	13,90	14,00	14,10	14,20
T/42	16,00	16,10	16,20	16,30	16,40	16,50	16,60	16,70	16,80	16,90
T/44	15,00	15,10	15,20	15,30	15,40	15,50	15,60	15,70	15,80	15,90
T/46-47	12,40	12,50	12,60	12,70	12,80	12,90	13,00	13,10	13,20	13,30
T/52	19,00	19,10	19,20	19,30	19,40	19,50	19,60	19,70	19,80	19,90
T/53	17,00	17,10	17,20	17,30	17,40	17,50	17,60	17,70	17,80	17,90
T/54	16,00	16,10	16,20	16,30	16,40	16,50	16,60	16,70	16,80	16,90

200m ga yugurish	93	83	73	63	53	43	33	23	13	3
T/11	26,70	26,80	26,90	27,00	27,10	27,20	27,30	27,40	27,50	27,60
T/12	25,10	25,20	25,30	25,40	25,50	25,60	25,70	25,80	25,90	26,00
T/13	25,00	25,10	25,20	25,30	25,40	25,50	25,60	25,70	25,80	25,90
T/20	24,85	24,95	25,05	25,15	25,25	25,35	25,45	25,55	25,65	25,75
T/35	29,50	29,60	29,70	29,80	29,90	30,00	30,10	30,20	30,30	30,40
T/36	30,50	30,60	30,70	30,80	30,90	31,00	31,10	31,20	31,30	31,40
T/37	27,00	27,10	27,20	27,30	27,40	27,50	27,60	27,70	27,80	27,90
T/42	28,90	29,00	29,10	29,20	29,30	29,40	29,50	29,60	29,70	29,80
T/44	28,00	28,10	28,20	28,30	28,40	28,50	28,60	28,70	28,80	28,90
T/46-47	25,50	25,60	25,70	25,80	25,90	26,00	26,10	26,20	26,30	26,40

400 m ga yugurish	93	83	73	63	53	43	33	23	13	3
T/11	57,60	57,70	57,80	57,90	58,00	58,10	58,20	58,30	58,40	58,50
T/12	54,90	55,00	55,10	55,20	55,30	55,40	55,50	55,60	55,70	55,80
T/13	54,70	54,80	54,90	55,00	55,10	55,20	55,30	55,40	55,50	55,60
T/20	54,55	54,60	54,70	54,80	54,90	55,00	55,10	55,20	55,30	55,40
T/36	1:05,00	1:06,00	1:07,00	1:08,00	1:09,00	1:10,00	1:11,00	1:12,00	1:13,00	1:14,00
T/37-38	56,50	56,60	56,70	56,80	56,90	57,00	57,10	57,20	57,30	57,40
T/42	1:06,00	1:07,00	1:08,00	1:09,00	1:10,00	1:11,00	1:12,00	1:13,00	1:14,00	1:15,00
T/44	1:04,00	1:05,00	1:06,00	1:07,00	1:08,00	1:09,00	1:10,00	1:11,00	1:12,00	1:13,00
T/46-47	55,50	55,60	55,70	55,80	55,90	56,00	56,10	56,20	56,30	56,40
T/52	1:15,60	1:20,10	1:25,10	1:30,10	1:35,10	1:40,10	1:45,10	1:50,10	1:55,10	2:05,10
T/53	53,00	53,10	53,20	53,30	53,40	53,50	53,60	53,70	53,80	53,90
T/54	52,60	52,70	52,80	52,90	53,00	53,10	53,20	53,30	53,40	53,50

800 m ga yugurish	93	83	73	63	53	43	33	23	13	3
T/11	2:26,00	2:31,00	2:36,00	2:41,00	2:46,00	2:51,00	2:56,00	2:61,00	2:66,00	2:71,00
T/12	2:05,90	2:10,90	2:15,90	2:20,90	2:25,90	2:30,90	2:35,90	2:40,90	2:45,90	2:50,90
T/13	2:04,00	2:09,00	2:14,00	2:19,00	2:24,00	2:29,00	2:34,00	2:39,00	2:44,00	2:49,00
T/20	2:07,00	2:12,00	2:17,00	2:22,00	2:27,00	2:32,00	2:37,00	2:42,00	2:47,00	2:52,00
T/36	2:40,00	2:45,00	2:50,00	2:55,00	2:60,00	2:65,00	2:70,00	2:75,00	2:80,00	2:85,00
T/37	2:36,00	2:41,00	2:46,00	2:51,00	2:56,00	2:61,00	2:66,00	2:71,00	2:76,00	2:81,00
T/46	2:25,00	2:30,00	2:35,00	2:40,00	2:45,00	2:50,00	2:55,00	2:60,00	2:65,00	2:70,00
T/52	2:45,50	2:50,50	2:55,50	2:60,50	2:65,50	2:70,50	2:75,50	2:80,50	2:85,50	2:90,50
T/53	1:52,00	1:57,00	1:62,00	1:67,00	1:72,00	1:77,00	1:82,00	1:87,00	1:92,00	1:97,00
T/54	1:39,20	1:44,20	1:49,20	1:54,20	1:59,20	1:64,20	1:69,20	1:74,20	1:79,20	1:84,20

1500 m ga yugurish	93	83	73	63	53	43	33	23	13	3
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T/11	4:30,50	4:35,50	4:40,50	4:45,50	4:50,50	4:55,50	4:60,50	4:65,50	4:70,50	4:75,50
T/12	4:15,50	4:20,50	4:25,50	4:30,50	4:35,50	4:40,50	4:45,50	4:50,50	4:55,50	4:60,50
T/13	4:10,50	4:15,50	4:20,50	4:25,50	4:30,50	4:35,50	4:40,50	4:45,50	4:50,50	4:55,50
T/20	4:08,50	4:13,50	4:18,50	4:23,50	4:28,50	4:33,50	4:38,50	4:43,50	4:48,50	4:53,50
T/37	4:40,00	4:45,00	4:50,00	4:55,00	4:60,00	4:65,00	4:70,00	4:75,00	4:80,00	4:85,00
T/46	4:20,00	4:25,00	4:30,00	4:35,00	4:40,00	4:45,00	4:50,00	4:55,00	4:60,00	4:65,00
5000 m ga yugurish	93	83	73	63	53	43	33	23	13	3
T/11	17:50,50	17:55,50	17:60,50	17:65,50	17:70,50	17:75,50	17:80,50	17:85,50	17:90,50	17:95,50
T/12	17:30,00	17:35,00	17:40,00	17:45,00	17:50,00	17:55,00	17:60,00	17:65,00	17:70,00	17:75,00
T/13	17:30,00	17:35,00	17:40,00	17:45,00	17:50,00	17:55,00	17:60,00	17:65,00	17:70,00	17:75,00
T/20	17:20,00	17:25,00	17:30,00	17:35,00	17:40,00	17:45,00	17:50,00	17:55,00	17:60,00	17:65,00
T/46	17:20,00	17:25,00	17:30,00	17:35,00	17:40,00	17:45,00	17:50,00	17:55,00	17:60,00	17:65,00
T/54	18:00,00	18:05,00	18:10,00	18:15,00	18:20,00	18:25,00	18:30,00	18:35,00	18:40,00	18:45,00

Uzunlikga sakrash	93	83	73	63	53	43	33	23	13	3
T/11	5,10 m	5,00 m	4,90 m	4,80 m	4,70 m	4,60 m	4,50 m	4,40 m	4,30 m	4,20 m
T/12	6,30 m	6,20 m	6,10 m	6,00 m	5,90 m	5,80 m	5,70 m	5,60 m	5,50 m	5,40 m
T/13	6,40 m	6,30 m	6,20 m	6,10 m	6,00 m	5,90 m	5,80 m	5,70 m	5,60 m	5,50 m
T/20	6,45 m	6,35 m	6,25 m	6,15 m	6,05 m	5,95 m	5,85 m	5,75 m	5,65 m	5,55 m
T/36	4,50 m	4,40 m	4,30 m	4,20 m	4,10 m	4,00 m	3,90 m	3,80 m	3,70 m	3,60 m
T/37	4,00 m	3,90 m	3,80 m	3,70 m	3,60 m	3,50 m	3,40 m	3,30 m	3,20 m	3,10 m

T/42	4,20 m	4,10 m	4,00 m	3,90 m	3,80 m	3,70 m	3,60 m	3,50 m	3,40 m	3,30 m
T/44	5,20 m	5,10 m	5,00 m	4,90 m	4,80 m	4,70 m	4,60 m	4,50 m	4,40 m	4,40 m
T/46-47	6,00 m	5,90 m	5,80 m	5,70 m	5,60 m	5,50 m	5,40 m	5,30 m	5,20 m	5,10 m

Balandlikga sakrash	93	83	73	63	53	43	33	23	13	3
T/12	1,75 m	1,70 m	1,65 m	1,60 m	1,55 m	1,50 m	1,45 m	1,40 m	1,35 m	1,30 m
T/42	1,52 m	1,47 m	1,42 m	1,37 m	1,32 m	1,27 m	1,22 m	1,17 m	1,12 m	1,07 m
T/44	1,80 m	1,75 m	1,70 m	1,65 m	1,60 m	1,55 m	1,50 m	1,45 m	1,40 m	1,35 m
T/46-47	1,70 m	1,65 m	1,60 m	1,55 m	1,50 m	1,45 m	1,40 m	1,35 m	1,30 m	1,25 m

Yadro itqitish	Snaryadlar og'irligi	93	83	73	63	53	43	33	23	13	3
F/11	7,260 kg	11,10 m	11,00 m	10,90 m	10,80 m	10,70 m	10,60 m	10,50 m	10,40 m	10,30 m	10,20 m
F/12, F/13	7,260 kg	14,00 m	13,90 m	13,80 m	13,70 m	13,60 m	13,50 m	13,40 m	13,30 m	13,20 m	13,10 m
F/20	7,260 kg	14,50 m	14,40 m	14,30 m	14,20 m	14,10 m	14,00 m	13,90 m	13,80 m	13,70 m	13,60 m
F/32	2,0 kg	6,50 m	6,40 m	6,30 m	6,20 m	6,10 m	6,00 m	5,90 m	5,80 m	5,70 m	5,60 m
F/33	3,0 kg	7,70 m	7,60 m	7,50 m	7,40 m	7,30 m	7,20 m	7,10 m	7,00 m	6,90 m	6,80 m
F/34	4,0 kg	8,60 m	8,50 m	8,40 m	8,30 m	8,20 m	8,10 m	8,00 m	7,90 m	7,80 m	7,70 m
F/35	4,0 kg	12,40 m	12,30 m	12,20 m	12,10 m	12,00 m	11,90 m	11,80 m	11,70 m	11,60 m	11,50 m
F/36	5,0 kg	11,20 m	11,10 m	11,00 m	10,90 m	10,80 m	10,70 m	10,60 m	10,50 m	10,40 m	10,30 m
F/37	5,0 kg	10,50 m	10,40 m	10,30 m	10,20 m	10,10 m	10,00 m	9,90 m	9,80 m	9,70 m	9,60 m
F/40	4,0 kg	6,50 m	6,40 m	6,30 m	6,20 m	6,10 m	6,00 m	5,90 m	5,80 m	5,70 m	5,60 m
F/41	4,0 kg	11,00 m	10,90 m	10,80 m	10,70 m	10,60 m	10,50 m	10,40 m	10,30 m	10,20 m	10,10 m
F/42	6,0 kg	12,50 m	12,40 m	12,30 m	12,20 m	12,10 m	12,00 m	11,90 m	11,80 m	11,70 m	11,60 m
F/44	6,0 kg	13,00 m	12,90 m	12,80 m	12,70 m	12,60 m	12,50 m	12,40 m	12,30 m	12,20 m	12,10 m
F/46-47	6,0 kg	11,80 m	11,70 m	11,60 m	11,50 m	11,40 m	11,30 m	11,20 m	11,10 m	11,00 m	10,90 m
F/52	2,0 kg	5,50 m	5,40 m	5,30 m	5,20 m	5,10 m	5,00 m	4,90 m	4,80 m	4,70 m	4,60 m
F/53	3,0 kg	5,50 m	5,40 m	5,30 m	5,20 m	5,10 m	5,00 m	4,90 m	4,80 m	4,70 m	4,60 m
F/54	3,0 kg	6,10 m	6,00 m	5,90 m	5,80 m	5,70 m	5,60 m	5,50 m	5,40 m	5,30 m	5,20 m
F/55	4,0 kg	7,80 m	7,70 m	7,60 m	7,50 m	7,40 m	7,30 m	7,20 m	7,10 m	7,00 m	6,90 m
F/56	4,0 kg	8,60 m	8,50 m	8,40 m	8,30 m	8,20 m	8,10 m	8,00 m	7,90 m	7,80 m	7,70 m

Nayza uloqtirish	Snaryadlar og'irligi	93	83	73	63	53	43	33	23	13	3
F/11	800 gr	28,00 m	27,90 m	27,80 m	27,70 m	27,60 m	27,50 m	27,40 m	27,30 m	27,20 m	27,10 m
F/12, F/13	800 gr	45,00 m	44,90 m	44,80 m	44,70 m	44,60 m	44,50 m	44,40 m	44,30 m	44,20 m	44,10 m
F/33	600 gr	12,00 m	11,90 m	11,80 m	11,70 m	11,60 m	11,50 m	11,40 m	11,30 m	11,20 m	11,10 m
F/34	600 gr	23,00 m	22,90 m	22,80 m	22,70 m	22,60 m	22,50 m	22,40 m	22,30 m	22,20 m	22,10 m
F/35	600 gr	26,70 m	26,60 m	26,50 m	26,40 m	26,30 m	26,20 m	26,10 m	26,00 m	25,90 m	25,80 m
F/36	600 gr	27,00 m	26,90 m	26,80 m	26,70 m	26,60 m	26,50 m	26,40 m	26,30 m	26,20 m	26,10 m
F/37	600 gr	28,00 m	27,90 m	27,80 m	27,70 m	27,60 m	27,50 m	27,40 m	27,30 m	27,20 m	27,10 m
F/38	800 gr	40,00 m	39,90 m	39,80 m	39,70 m	39,70 m	39,60 m	39,50 m	39,40 m	39,30 m	39,20 m
F/40	600 gr	21,00 m	20,90 m	20,80 m	20,70 m	20,60 m	20,50 m	20,40 m	20,30 m	20,20 m	20,10 m
F/41	600 gr	28,00 m	27,90 m	27,80 m	27,70 m	27,60 m	27,50 m	27,40 m	27,30 m	27,20 m	27,10 m
F/44	800 gr	40,00 m	39,90 m	39,80 m	39,70 m	39,70 m	39,60 m	39,50 m	39,40 m	39,30 m	39,20 m
F/46-47	800 gr	37,00 m	36,90 m	36,80 m	36,70 m	36,60 m	36,50 m	36,40 m	36,30 m	36,20 m	36,10 m
F/54	600 gr	18,50 m	18,40 m	18,30 m	18,20 m	18,10 m	18,00 m	17,90 m	17,80 m	17,70 m	17,60 m
F/55	600 gr	24,00 m	23,90 m	23,80 m	23,70 m	23,60 m	23,50 m	23,40 m	23,30 m	23,20 m	23,10 m
F/56	600 gr	26,00 m	25,90 m	25,80 m	25,70 m	25,60 m	25,50 m	25,40 m	25,30 m	25,20 m	25,10 m
F/57	600 gr	35,50 m	35,40 m	35,30 m	35,20 m	35,10 m	35,00 m	34,90 m	34,80 m	34,70 m	34,60 m

Disk uloqtirish	Snaryadlar og'irligi	93	83	73	63	53	43	33	23	13	3
F/11	2,0 kg	28,00 m	27,90 m	27,80 m	27,70 m	27,60 m	27,50 m	27,40 m	27,30 m	27,20 m	27,10 m
F/12-13	2,0 kg	38,50 m	38,40 m	38,30 m	38,20 m	38,10 m	38,00 m	37,90 m	37,80 m	37,70 m	37,60 m
F/32	1,0 kg	13,40 m	13,30 m	13,20 m	13,10 m	13,00 m	12,90 m	12,80 m	12,70 m	12,60 m	12,50 m
F/33	1,0 kg	19,00 m	18,90 m	18,80 m	18,70 m	18,60 m	18,50 m	18,40 m	18,30 m	18,20 m	18,10 m
F/34	1,0 kg	21,50 m	21,40 m	21,30 m	21,20 m	21,10 m	21,00 m	20,90 m	20,80 m	20,70 m	20,60 m
F/35	1,0 kg	29,00 m	28,90 m	28,80 m	28,70 m	28,60 m	28,50 m	28,40 m	28,30 m	28,20 m	28,10 m
F/36	1,0 kg	29,50 m	29,40 m	29,30 m	29,20 m	29,10 m	29,00 m	28,90 m	28,80 m	28,70 m	28,60 m
F/37	1,0 kg	37,00 m	36,90 m	36,80 m	36,70 m	36,60 m	36,50 m	36,40 m	36,30 m	36,20 m	36,10 m
F/40	1,0 kg	18,00 m	17,90 m	17,80 m	17,70 m	17,60 m	17,50 m	17,40 m	17,30 m	17,20 m	17,10 m
F/41	1,0 kg	32,00 m	31,90 m	31,80 m	31,70 m	31,60 m	31,50 m	31,40 m	31,30 m	31,20 m	31,10 m
F/42	1,5 kg	31,50 m	31,40 m	31,30 m	31,20 m	31,10 m	31,00 m	30,90 m	30,80 m	30,70 m	30,60 m
F/44	1,5 kg	37,50 m	37,40 m	37,30 m	37,20 m	37,10 m	37,00 m	36,90 m	36,80 m	35,70 m	37,60 m
F/46-47	1,5 kg	37,00 m	36,90 m	36,80 m	36,70 m	36,60 m	36,50 m	36,40 m	36,30 m	36,20 m	36,10 m
F/51	1,0 kg	5,00 m	4,90 m	4,80 m	4,70 m	4,60 m	4,50 m	4,40 m	4,30 m	4,20 m	4,10 m
F/52	1,0 kg	11,50 m	11,40 m	11,30 m	11,20 m	11,10 m	11,00 m	10,90 m	10,80 m	10,70 m	10,60 m
F/53	1,0 kg	13,80 m	13,70 m	13,60 m	13,50 m	13,40 m	13,30 m	13,20 m	13,10 m	13,00 m	12,90 m
F/54	1,0 kg	16,50 m	16,40 m	16,30 m	16,20 m	16,10 m	16,00 m	15,90 m	15,80 m	15,70 m	15,60 m
F/55	1,0 kg	22,00 m	21,90 m	21,80 m	21,70 m	21,60 m	21,50 m	21,40 m	21,30 m	21,20 m	21,10 m

F/56	1,0 kg	30,00 m	29,90 m	29,80 m	29,70 m	29,60 m	29,50 m	29,40 m	29,30 m	29,20 m	29,10 m
F/57	1,0 kg	34,00 m	33,90 m	33,80 m	33,70 m	33,60 m	33,50 m	33,40 m	33,30 m	33,20 m	33,10 m

Klap	Snaryadlar og'irligi	93	83	73	63	53	43	33	23	13	3
F/32	360 gr	20,00	19,90	19,80	19,70	19,60	19,50	19,40	19,30	19,20	19,10
F/51	360 gr	20,00	19,90	19,80	19,70	19,60	19,50	19,40	19,30	19,20	19,10

Izoh: ushbu mezonlar para yengil atletika musobaqa qoidolari bo'yicha qabul qilinadi, yani ulog'tirish va sakrash turlarida 3 martadan urinish beriladi va eng yaxshi urinishi hisobga olinadi hamda yugurish turlarida bir marotaba urinish beriladi.

Ayollar uchun

100 m ga yugurish	93	83	73	63	53	43	33	23	13	3
T/11	14,40	14,50	14,60	14,70	14,80	14,90	15,00	15,10	15,20	15,20
T/12	13,50	13,60	13,70	13,80	13,90	14,00	14,10	14,20	14,30	13,50
T/13	13,40	13,50	13,60	13,70	13,80	13,90	14,00	14,10	14,20	14,30
T/35	17,10	17,20	17,30	17,40	17,50	17,60	17,70	17,80	17,90	18,00
T/36	15,90	16,00	16,10	16,20	16,30	16,40	16,50	16,60	16,70	16,80
T/37	15,60	15,70	15,80	15,90	16,00	16,10	16,20	16,30	16,40	16,50
T/38	14,20	14,30	14,40	14,50	14,60	14,70	14,80	14,90	15,00	15,10
T/42	21,00	21,10	21,20	21,30	21,40	21,50	21,60	21,70	21,80	21,90
T/44	14,90	15,00	15,10	15,20	15,30	15,40	15,50	15,60	15,70	15,80
T/46-47	14,50	14,60	14,70	14,80	14,90	15,00	15,10	15,20	15,30	15,40
T/52	29,20	29,30	29,40	29,50	29,60	29,70	29,80	29,90	30,00	30,10
T/53	20,40	20,50	20,60	20,70	20,80	20,90	21,00	21,10	21,20	21,30
T/54	21,60	21,70	21,80	21,90	22,00	22,10	22,20	22,30	22,40	22,50
200m ga yugurish	93	83	73	63	53	43	33	23	13	3
T/11	28,50	28,60	28,70	28,80	28,90	29,00	29,10	29,20	29,30	29,40
T/12	27,50	27,60	27,70	27,80	27,90	28,00	28,10	28,20	28,30	28,40
T/13	27,30	27,40	27,50	27,60	27,70	27,80	27,90	28,00	28,10	28,20
T/35	35,00	35,10	35,20	35,30	35,40	35,50	35,60	35,70	35,80	35,90
T/36	34,00	34,10	34,20	34,30	34,40	34,50	34,60	34,70	34,80	34,90
T/37-38	32,00	32,10	32,20	32,30	32,40	32,50	32,60	32,70	32,80	32,90
T/44	31,30	31,40	31,50	31,60	31,70	31,80	31,90	32,00	32,10	32,20
T/46-47	28,50	28,60	28,70	28,80	28,90	29,00	29,10	29,20	29,30	29,40

T/52	47,20	47,30	47,40	47,50	47,60	47,70	47,80	47,90	48,00	48,10
T/53	30,50	30,60	30,70	30,80	30,90	31,00	31,10	31,20	31,30	31,40
T/54	31,10	31,20	31,30	31,40	31,50	31,60	31,70	31,80	31,90	32,00
400 m ga yugurish	93	83	73	63	53	43	33	23	13	3
T/11	57,60	57,70	57,80	57,90	58,00	58,10	58,20	58,30	58,40	58,50
T/12, T/13	54,90	55,00	55,10	55,20	55,30	55,40	55,50	55,60	55,70	55,80
T/36	54,70	54,80	54,90	55,00	55,10	55,20	55,30	55,40	55,50	55,60
T/37-38	54,55	54,65	54,75	54,85	54,95	55,05	55,15	55,25	55,35	55,45
T/44	1:05.00	1:10.00	1:15.00	1:20.00	1:25.00	1:30.00	1:35.00	1:40.00	1:45.00	1:50.00
T/46-47	56,50	56,60	56,70	56,80	56,90	57,00	57,10	57,20	57,30	57,40
T/52	1:06.00	1:06.10	1:06.20	1:06.30	1:06.40	1:06.50	1:06.60	1:06.70	1:06.80	1:06.90
T/53	1:04.00	1:04.10	1:04.20	1:04.30	1:04.40	1:04.50	1:04.60	1:04.70	1:04.80	1:04.90
T/54	55,50	55,60	55,70	55,80	55,90	56,00	56,10	56,20	56,30	56,40
800 m ga yugurish	93	83	73	63	53	43	33	23	13	3
T/11	3:05.50	3:10.50	3:15.50	3:20.50	3:25.50	3:30.50	3:35.50	3:40.50	3:45.50	3:50.50
T/12, T/13	2:28.00	2:33.00	2:38.00	2:43.00	2:48.00	2:53.00	2:58.00	2:63.00	2:68.00	2:73.00
T/36	3:22.50	3:27.50	3:32.50	3:37.50	3:42.50	3:47.50	3:52.50	3:57.50	3:62.50	3:67.50
T/37	3:20.00	3:25.00	3:30.00	3:35.00	3:40.00	3:45.00	3:50.00	3:55.00	3:60.00	3:65.00
T/46	3:00.50	3:05.50	3:10.50	3:15.50	3:20.50	3:25.50	3:30.50	3:35.50	3:40.50	3:45.50
T/53	2:07.00	2:12.00	2:17.00	2:22.00	2:27.00	2:32.00	2:37.00	2:42.00	2:47.00	2:52.00
T/54	2:05.20	2:10.20	2:15.20	2:20.20	2:25.20	2:30.20	2:35.20	2:40.20	2:45.20	2:50.20
1500 m ga yugurish	93	83	73	63	53	43	33	23	13	3
T/11	5:15,50	5:20,50	5:25,50	5:30,50	5:35,50	5:40,50	5:45,50	5:50,50	5:55,50	5:60,50
T/12, T/13	5:15,50	5:20,50	5:25,50	5:30,50	5:35,50	5:40,50	5:45,50	5:50,50	5:55,50	5:60,50
T/53-54	3:55.00	3:60.00	3:65.00	3:70.00	3:75.00	3:80.00	3:85.00	3:90.00	3:95.00	4:00.00
5000 m ga yugurish	93	83	73	63	53	43	33	23	13	3
T/11	27:20.00	27:25.00	27:30.00	27:35.00	27:40.00	27:45.00	27:50.00	27:55.00	27:60.00	27:65.00
T/12, T/13	22:00.00	22:05.00	22:10.00	22:15.00	22:20.00	22:25.00	22:30.00	22:35.00	22:40.00	22:45.00
T/54	14:50.00	14:55.00	14:60.00	14:65.00	14:70.00	14:75.00	14:80.00	14:85.00	14:90.00	14:95.00
Uzunlikga sakrash	93	83	73	63	53	43	33	23	13	3
T/11	3,80 m	3,70 m	3,60 m	3,50 m	3,40 m	3,30 m	3,20 m	3,10 m	3,00 m	2,90 m
T/12, T/13	4,90 m	4,80 m	4,70 m	4,60 m	4,50 m	4,40 m	4,30 m	4,20 m	4,10 m	4,00 m
T/36	3,20 m	3,10 m	3,00 m	2,90 m	2,80 m	2,80 m	2,70 m	2,60 m	2,50 m	2,40 m

T/37	3.40 m	3.30 m	3.20 m	3.10 m	3.00 m	2.90 m	2.80 m	2.70 m	2.60 m	2.50 m
T/38	4.50 m	4.40 m	4.30 m	4.20 m	4.10 m	4.00 m	3.90 m	3.80 m	3.70 m	3.60 m
T/42	3.05 m	2.95 m	2.85 m	2.75 m	2.65 m	2.55 m	2.45 m	2.35 m	2.25 m	2.15 m
T/44	4.25 m	4.15 m	4.05 m	3.95 m	3.85 m	3.75 m	3.65 m	3.55 m	3.45 m	3.35 m
T/46-47	4.40 m	4.30 m	4.20 m	4.10 m	4.00 m	3.90 m	3.80 m	3.70 m	3.60 m	3.50 m

Yadro itqitish	Snaryadlar og'irligi	93	83	73	63	53	43	33	23	13	3
F/11	4.0 kg	9.00 m	8.90 m	8.80 m	8.70 m	8.60 m	8.50 m	8.40 m	8.30 m	8.20 m	8.10 m
F/12, F/13	4.0 kg	11.50 m	11.40 m	11.30 m	11.20 m	11.10 m	11.00 m	10.90 m	10.80 m	10.70 m	10.60 m
F/20	4.0 kg	11.50 m	11.40 m	11.30 m	11.20 m	11.10 m	11.00 m	10.90 m	10.80 m	10.70 m	10.60 m
F/32	2.0 kg	4.50 m	4.40 m	4.30 m	4.20 m	4.10 m	4.00 m	3.90 m	3.80 m	3.70 m	3.60 m
F/33	3.0 kg	4.00 m	3.90 m	3.80 m	3.70 m	3.60 m	3.50 m	3.40 m	3.30 m	3.20 m	3.10 m
F/34	3.0 kg	5.20 m	5.10 m	5.00 m	4.90 m	4.80 m	4.70 m	4.60 m	4.50 m	4.40 m	4.30 m
F/35	3.0 kg	7.40 m	7.30 m	7.20 m	7.10 m	7.00 m	6.90 m	6.80 m	6.70 m	6.60 m	6.50 m
F/36	3.0 kg	7.40 m	7.30 m	7.20 m	7.10 m	7.00 m	6.90 m	6.80 m	6.70 m	6.60 m	6.50 m
F/37	3.0 kg	9.50 m	9.40 m	9.30 m	9.20 m	9.10 m	9.00 m	8.90 m	8.80 m	8.70 m	8.60 m
F/40	3.0 kg	6.00 m	5.90 m	5.80 m	5.70 m	5.60 m	5.50 m	5.40 m	5.30 m	5.20 m	5.10 m
F/41	3.0 kg	6.40 m	6.30 m	6.20 m	6.10 m	6.00 m	5.90 m	5.80 m	5.70 m	5.60 m	5.50 m
F/42	4.0 kg	6.00 m	5.90 m	5.80 m	5.70 m	5.60 m	5.50 m	5.40 m	5.30 m	5.20 m	5.10 m
F/44	4.0 kg	8.00 m	7.90 m	7.80 m	7.70 m	7.60 m	7.50 m	7.40 m	7.30 m	7.20 m	7.10 m
F/46-47	4.0 kg	8.00 m	7.90 m	7.80 m	7.70 m	7.60 m	7.50 m	7.40 m	7.30 m	7.20 m	7.10 m
F/52	2.0 kg	2.00 m	1.90 m	1.80 m	1.70 m	1.60 m	1.50 m	1.40 m	1.30 m	1.20 m	1.10 m
F/53	3.0 kg	3.50 m	3.40 m	3.30 m	3.20 m	3.10 m	3.00 m	2.90 m	2.80 m	2.70 m	2.60 m
F/54	3.0 kg	6.10 m	6.00 m	5.90 m	5.80 m	5.70 m	5.60 m	5.50 m	5.40 m	5.30 m	5.20 m
F/55	3.0 kg	6.10 m	6.00 m	5.90 m	5.80 m	5.70 m	5.60 m	5.50 m	5.40 m	5.30 m	5.20 m
F/56	3.0 kg	7.60 m	7.50 m	7.40 m	7.30 m	7.20 m	7.10 m	7.00 m	6.90 m	6.80 m	6.70 m
F/57	3.0 kg	7.60 m	7.50 m	7.40 m	7.30 m	7.20 m	7.10 m	7.00 m	6.90 m	6.80 m	6.70 m
Nayza uloqtir ish	Snaryadlar og'irligi	93	83	73	63	53	43	33	23	13	3
F/11	600 gr	26.00 m	25.90 m	25.80 m	25.70 m	25.60 m	25.50 m	25.40 m	25.30 m	25.20 m	25.10 m
F/12, F/13	600 gr	36.00 m	35.90 m	35.80 m	35.70 m	35.60 m	35.50 m	35.40 m	35.30 m	35.20 m	35.10 m
F/33	600 gr	9.00 m	8.90 m	8.80 m	8.70 m	8.60 m	8.50 m	8.40 m	8.30 m	8.20 m	8.10 m
F/34	600 gr	13.30 m	13.20 m	13.10 m	13.00 m	12.90 m	12.80 m	12.70 m	12.60 m	12.50 m	12.40 m
F/37	600 gr	16.00 m	15.90 m	15.80 m	15.70 m	15.60 m	15.50 m	15.40 m	15.30 m	15.20 m	15.10 m

F/40, F/41	400 gr	16,50 m	16,40 m	16,30 m	16,20 m	16,10 m	16,00 m	15,90 m	15,80 m	15,70 m	15,60 m
F/42-44	600 gr	20,00 m	19,90 m	19,80 m	19,70 m	19,60 m	19,50 m	19,40 m	19,30 m	19,20 m	19,10 m
F/46-47	600 gr	31,00 m	30,90 m	30,80 m	30,70 m	30,60 m	30,50 m	30,40 m	30,30 m	30,20 m	30,10 m
F/53	600 gr	7,00 m	6,90 m	6,80 m	6,70 m	6,60 m	6,50 m	6,40 m	6,30 m	6,20 m	6,10 m
F/54	600 gr	15,00 m	14,90 m	14,80 m	14,70 m	14,60 m	14,50 m	14,40 m	14,30 m	14,20 m	14,10 m
F/55	600 gr	14,50 m	14,40 m	14,30 m	14,20 m	14,10 m	14,00 m	13,90 m	13,80 m	13,70 m	13,60 m
F56-57	600 gr	18,00 m	17,90 m	17,80 m	17,70 m	17,60 m	17,50 m	17,40 m	17,30 m	17,20 m	17,10 m
Disk uloqtirish	Snaryadlar og'irligi	93	83	73	63	53	43	33	23	13	3
F/11	1,0 kg	25,00 m	24,90 m	24,80 m	24,70 m	24,60 m	24,50 m	24,40 m	24,30 m	24,20 m	24,10 m
F/12, F/13	1,0 kg	32,50 m	32,40 m	32,30 m	32,20 m	32,10 m	32,00 m	31,90 m	31,80 m	31,70 m	31,60 m
F/32	1,0 kg	5,00 m	4,90 m	4,80 m	4,70 m	4,60 m	4,50 m	4,40 m	4,30 m	4,20 m	4,10 m
F/33	1,0 kg	12,00 m	11,90 m	11,80 m	11,70 m	11,60 m	11,50 m	11,40 m	11,30 m	11,20 m	11,10 m
F/34	1,0 kg	13,00 m	12,90 m	12,80 m	12,70 m	12,60 m	12,50 m	12,40 m	12,30 m	12,20 m	12,10 m
F/35	1,0 kg	17,50 m	17,40 m	17,30 m	17,20 m	17,10 m	17,00 m	16,90 m	16,80 m	16,70 m	16,60 m
F/36	1,0 kg	19,00 m	18,90 m	18,80 m	18,70 m	18,60 m	18,50 m	18,40 m	18,30 m	18,20 m	18,10 m
F/37	1,0 kg	20,00 m	19,90 m	19,80 m	19,70 m	19,60 m	19,50 m	19,40 m	19,30 m	19,20 m	19,10 m
F/40	750 gr	15,00 m	14,90 m	14,80 m	14,70 m	14,60 m	14,50 m	14,40 m	14,30 m	14,20 m	14,10 m
F/41	750 gr	23,00 m	22,90 m	22,80 m	22,70 m	22,60 m	22,50 m	22,40 m	22,30 m	22,20 m	22,10 m
F/42	1,0 kg	17,50 m	17,40 m	17,30 m	17,20 m	17,10 m	17,00 m	16,90 m	16,80 m	16,70 m	16,60 m
F/44	1,0 kg	29,00 m	28,90 m	28,80 m	28,70 m	28,60 m	28,50 m	28,40 m	28,30 m	28,20 m	28,10 m
F/46-47	1,0 kg	21,00 m	20,90 m	20,80 m	20,70 m	20,60 m	20,50 m	20,40 m	20,30 m	20,20 m	20,10 m
F/51	1,0 kg	8,00 m	7,90 m	7,80 m	7,70 m	7,60 m	7,50 m	7,40 m	7,30 m	7,20 m	7,10 m
F/52	1,0 kg	9,20 m	9,10 m	9,00 m	8,90 m	8,80 m	8,70 m	8,60 m	8,50 m	8,40 m	8,30 m
F/53	1,0 kg	10,40 m	10,30 m	10,20 m	10,10 m	10,00 m	9,90 m	9,80 m	9,70 m	9,60 m	9,50 m
F/54	1,0 kg	14,50 m	14,40 m	14,30 m	14,20 m	14,10 m	14,00 m	13,90 m	13,80 m	13,70 m	13,60 m
F/55	1,0 kg	17,00 m	16,90 m	16,80 m	16,70 m	16,60 m	16,50 m	16,40 m	16,30 m	16,20 m	16,10 m
F/56	1,0 kg	18,00 m	17,90 m	17,80 m	17,70 m	17,60 m	17,50 m	17,40 m	17,30 m	17,20 m	17,10 m
F/57	1,0 kg	23,00 m	22,90 m	22,80 m	22,70 m	22,60 m	22,50 m	22,40 m	22,30 m	22,20 m	22,10 m
Klap	Snaryadlar og'irligi	93	83	73	63	53	43	33	23	13	3
F/32	360 gr	17,00 m	16,90 m	16,80 m	16,70 m	16,60 m	16,50 m	16,40 m	16,30 m	16,20 m	16,10 m
F/51	360 gr	17,00 m	16,90 m	16,80 m	16,70 m	16,60 m	16,50 m	16,40 m	16,30 m	16,20 m	16,10 m

Izoh: ushbu mezonlar para yengil atletika musobaqa qoidalari bo'yicha qabul qilinadi, yani uloqtirish va sakrash turlarida 3 martadan urunish beriladi va eng yahshi urinishi hisobga olinadi hamda yugurish turlarida bir marotaba urunish beriladi.

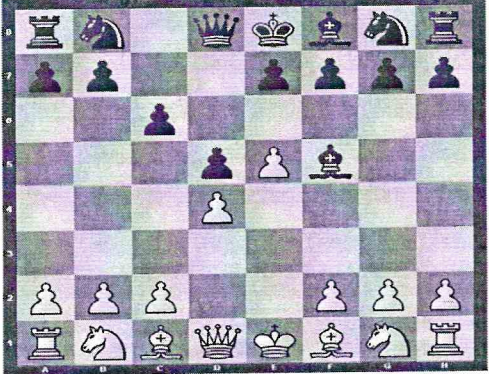
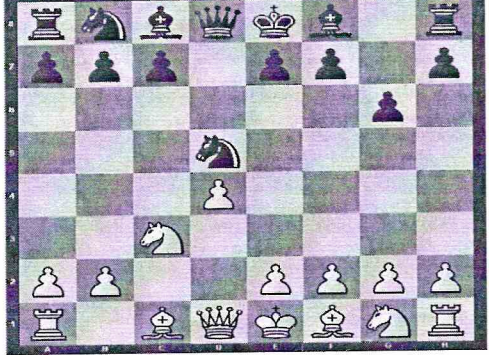
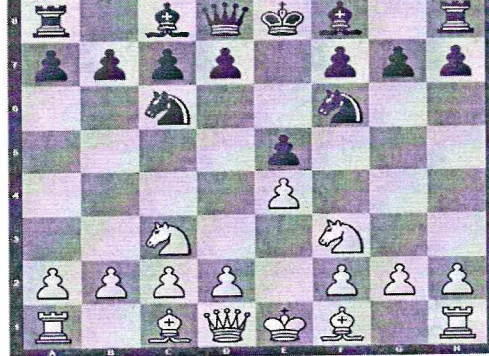
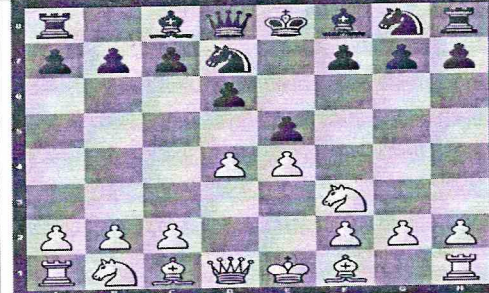
45	55	52,5	50	47,5	45	42,5	40	37,5	35	32,5
50	60	57,5	55	52,5	50	47,5	45	42,5	40	37,5
55	65	62,5	60	57,5	55	52,5	50	47,5	45	42,5
61	70	67,5	65	62,5	60	57,5	55	52,5	50	47,5
67	75	72,5	70	67,5	65	62,5	60	57,5	55	52,5
73	80	77,5	75	72,5	70	67,5	65	62,5	60	57,5
79	85	82,5	80	77,5	75	72,5	70	67,5	65	62,5
86	90	87,5	85	82,5	80	77,5	75	72,5	70	67,5
+86	95	92,5	90	87,5	85	82,5	80	77,5	75	72,5

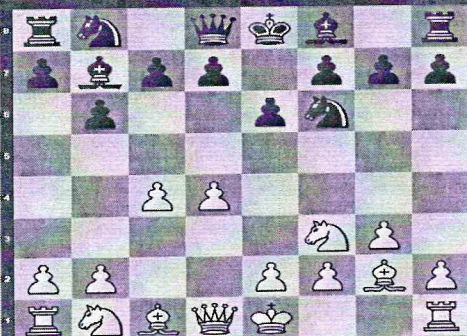
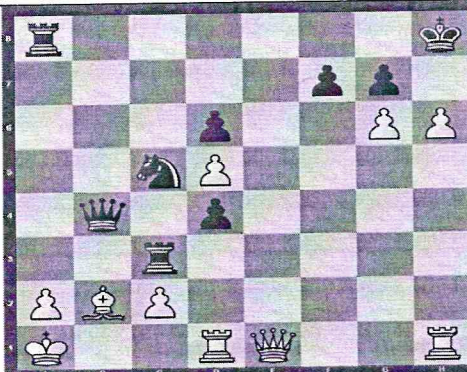
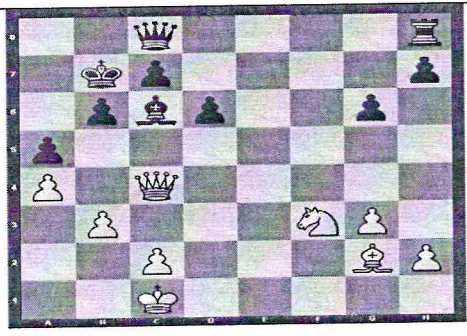
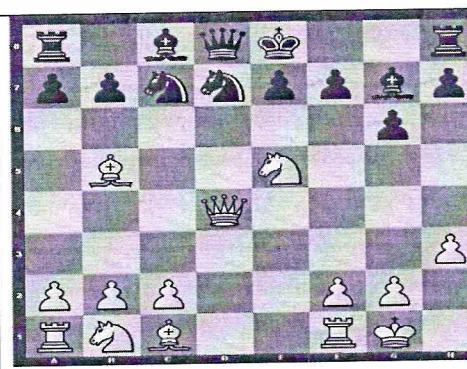
Izoh: ushbu meyorlar para pauerlifting musobaqa qoidalari talablari bo'yicha qabul qilinadi

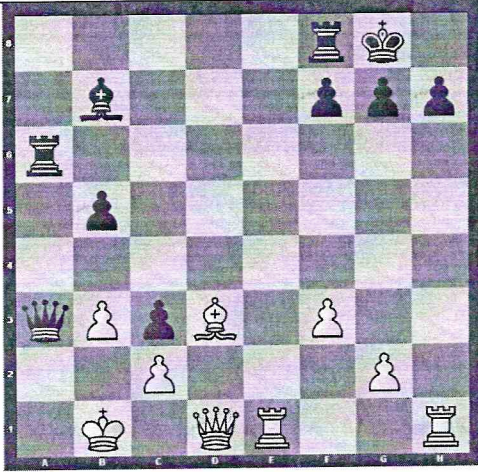
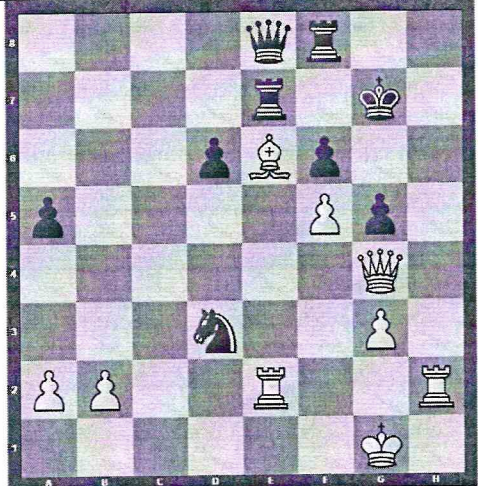
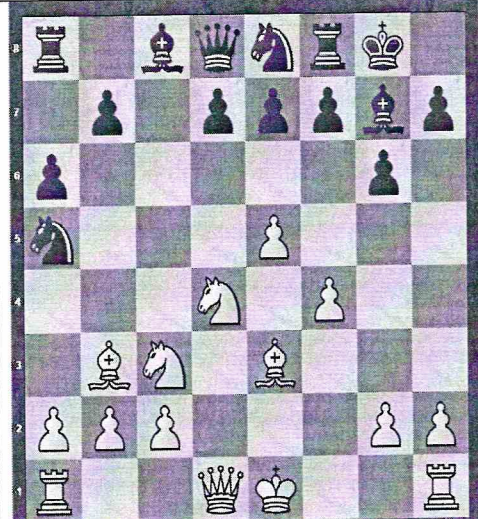
2025/2026 O'QUV YILI UCHUN NOGIRON VA JISMONIY IMKONIYATI
CHEKLANGANLARNING PARA SHAXMAT IXTISOSLIGI BO'YICHA KASBIY (IJODIY)
IMTIHONLARINING ME'YORIY TALABLARI VA BAHOLASH MEZONLARI
(Ixtisoslik bo'yicha maksimal ball - 93 ball)

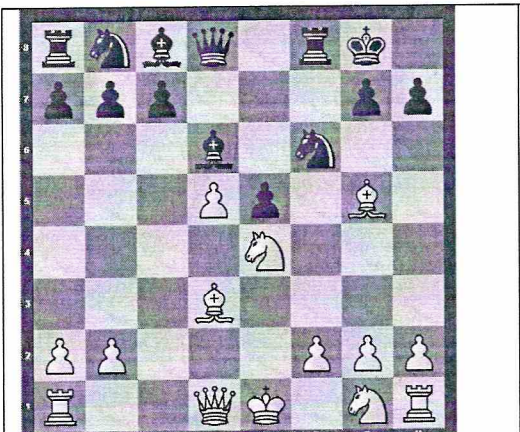
Erkaklar va ayollar uchun

Topshiriq №1	Sharti	Javoblar
	Taxtadagi vaziyat qaysi debyutdan yuzaga keladi? Yurishlar ketma-ketligini notatsiya (yozuv)da ifodalang.	
Topshiriq №2	Sharti	Javoblar
	Ushbu debyut qanday nomlanadi. Yurishlar ketma-ketligini yozib ko'rsating.	
Topshiriq №3	Sharti	Javoblar
	Ushbu debyut qanday nomlanadi va yurishlar ketma-ketligini yozib ko'rsating.	
Topshiriq №4	Sharti	Javoblar

	Ushbu vaziyatda uchttadan yurishlar qilingan. Yurishlar ketma-ketligini yozib ko'rsating. Debyut qanday nomlanadi?	
Topshiriq №5	Sharti	Javoblar
	Ushbu vaziyatda ikkala tomon to'rtttadan yurishlar qilishgan. Debyut qanday nomlanadi va yurishlar ketma-ketligini yozib ko'rsating.	
Topshiriq №6	Sharti	Javoblar
	Ushbu vaziyat qaysi debyutdan yuzaga kelgan? Yurishlar tartibini yozing.	
Topshiriq №7	Sharti	Javoblar
	Tomonlar uchttadan yurish qilgan. Debyut qanday nomlanadi? Yurishlar tartibini yozing.	
Topshiriq №8	Sharti	Javoblar

	Debyut qanday nomlanadi? Yurishlar tartibini yozing.	
Topshiriq №9	Sharti	Javoblar
	Yurish qoralardan. Kombinatsiyani toping.	
Topshiriq №10	Sharti	Javoblar
	Yurish oqlardan. Siz qanday o‘ynar edingiz?	
Topshiriq №11	Sharti	Javoblar
	Yurish oqlardan. Siz qanday o‘ynar edingiz?	
Topshiriq №12	Sharti	Javoblar

	Yurish oqlardan. O'yin natijasi qanday bo'ladi? Siz qanday yo'l tanlaysiz?	
Topshiriq №13	Sharti	Javoblar
	Yurish oqlardan. Qanday yurishlar qilar edingiz? Dastlabki aniq yurishlarni ko'rsating.	
Topshiriq №14	Sharti	Javoblar
	Yurish oqlardan. Siz qanday o'ynar edingiz?	
Topshiriq №15	Sharti	Javoblar

	Yurish qoralardan. Siz qanday o‘ynar edingiz?	
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**Para shaxmat ixtisosligi bo‘yicha jismoniy imkoniyati cheklangan
abituriyentlarning uchun shaxmat bo‘yicha kasbiy-ijodiy
imtihonlarining baholash mezonlari.**

1. Shaxmat ixtisosligi bo‘yicha shaxmat nazariyasiga oid kasbiy-ijodiy imtihon sinovlari uchun jami 15 ta topshiriq berilgan. Har bir topshiriqning to‘g‘ri javoblari uchun 6,2 ball beriladi va maksimal ball miqdori 93 ballni tashkil etadi.
2. Topshiriqlarda nazariy, amaliy, taktika va strategiya, o‘yin boshlari (debyut), o‘yin o‘rtalari (mittelshpil), kombinatsiyalar, hisoblash texnikasi, masala va etyud janrlariga oid turli g‘oyalar mujassam etilgan.
3. Dastlabki 8 ta topshiriqda javoblarni belgilashda debyut nomi va yurishlarni notatsiyada (yozuvlarda) ifodalash zarur. Debyut nomini xato yozilganda - 3 ball, agar yurishlar tartibini yozishda texnik xatolarga yo‘l qo‘yilsa - 3 ball olib tashlanadi. Agar yurishlar umuman, yozuvda ifoda etilmasa, 3,2 ball olib qo‘yiladi.
4. 9-15 topshiriqlarda mittelshpilga oid kombinatsiya va nazariy tushunchalar ifoda etilishi lozim, agar to‘g‘ri ifoda etilmasa ball berilmaydi. To‘liq yechim (variantlari bilan) izoh va tushunchalar orqali ifoda etilmasa, umumiy balldan 3 ball olib tashlanadi.

Donalarning nomi	Donalarning qisqacha belgilanishi			Donalar tasviri	
	o‘zbekcha	inglizcha	ruscha		
Shoh	Sh	K	Kp		
Farzin	Fz	Q	Ф		
Rux	R	R	Л		
Fil	F	B	C		
Ot	O	N	K		
Piyoda	--	--	--		

2025/2026 O'QUV YILI UCHUN NOGIRON VA JISMONIY IMKONIYATI
CHEKLANGANLARNING **PARA STOL TENNIS IXTISOSLIGI** BO'YICHA KASBIY
(IJODIY) IMTIHONLARINING ME'YORIY TALABLARI VA BAHOLASH MEZONLARI
OYOQ NOZOLOGIYASI UCHUN
(Ixtisoslik bo'yicha maksimal ball - 93 ball)

Erkaklar uchun

Nakat zarbasini ijro etish (1 daqiqa davomida)			
Natija	Ball	Natija	Ball
62	93	29	43,5
61	91,5	28	42
60	90	27	40,5
59	88,5	26	39
58	87	25	37,5
57	85,5	24	36
56	84	23	34,5
55	82,5	22	33
54	81	21	31,5
53	79,5	20	30
52	78	19	28,5
51	76,5	18	27
50	75	17	25,5
49	73,5	16	24
48	72	15	22,5
47	70,5	14	21
46	69	13	19,5
45	67,5	12	18
44	66	11	16,5
43	64,5	10	15
42	63	9	13,5
41	61,5	8	12
40	60	7	10,5
39	58,5	6	9
38	57	5	7,5
37	55,5	4	6
36	54	3	4,5
35	52,5	2	3
34	51	1	1,5
33	49,5		
32	48		
31	46,5		
30	45		

Izoh: (nakat) zarba stol ustida diagonal bo'ylab ijro etiladi: bunda oyoqlar keng yozilgan stoldan 30 smdan ortiq uzoqlashmagan holda bajariladi. Zarba qo'l va oyoq, gavda holatlarini to'g'ri texnik harakatlariga amal qilgan holda bajariladi. (har bir zarba uchun 1.5 ball beriladi)

Nakat zarbasini ijro etish			
Natija	Ball	Natija	Ball
62	93	29	43,5
61	91,5	28	42
60	90	27	40,5
59	88,5	26	39
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57	85,5	24	36
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50	75	17	25,5
49	73,5	16	24
48	72	15	22,5
47	70,5	14	21
46	69	13	19,5
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43	64,5	10	15
42	63	9	13,5
41	61,5	8	12
40	60	7	10,5
39	58,5	6	9
38	57	5	7,5
37	55,5	4	6
36	54	3	4,5
35	52,5	2	3
34	51	1	1,5
33	49,5		
32	48		
31	46,5		
30	45		

Izoh:(nakat) zarba stol ustida diagonal bo'ylab ijro etiladi: bunda oyoqlar keng yozilgan stoldan 30 smdan ortiq uzoqlashmagan holda bajariladi. Zarba qo'l va oyoq, gavda holatlarini to'g'ri texnik harakatlariga amal qilgan holda bajariladi.(har bir zarba uchun 1.5 ball beriladi)

**PARA STOL TENNIS IXTISOSLIGI BO'YICHA NOGIRON VA JISMONIY IMKONIYATI
CHEKLANGAN ABITURIENTLARNING (QO'L NOZOLOGIYASI UCHUN) KASBIY
(IJODIY) IMTIHON BO'YICHA ME'YORIY TALABLARI VA BAHOLASH MEZONLARI**

Erkaklar uchun

Nakat zarbasini ijro etish			
Natija	Ball	Natija	Ball
62	93	29	43,5
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45	67,5	12	18
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43	64,5	10	15
42	63	9	13,5
41	61,5	8	12
40	60	7	10,5
39	58,5	6	9
38	57	5	7,5
37	55,5	4	6
36	54	3	4,5
35	52,5	2	3
34	51	1	1,5
33	49,5		
32	48		
31	46,5		
30	45		

Izoh: (nakat) zarba stol ustida diagonal bo'ylab ijro etiladi: bunda oyoqlar keng yozilgan stoldan 30 smdan ortiq uzoqlashmagan holda bajariladi. Zarba qo'l va oyoq, gavda holatlarini to'g'ri texnik harakatlariga amal qilgan holda bajariladi. (har bir zarba uchun 1.5 ball beriladi)

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48	72	15	22,5
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Izoh: (nakat) zarba stol ustida diagonal bo'ylab ijro etiladi: bunda oyoqlar keng yozilgan stoldan 30 smdan ortiq uzoqlashmagan holda bajariladi. Zarba qo'l va oyoq, gavda holatlarini to'g'ri texnik harakatlariga amal qilgan holda bajariladi. (har bir zarba uchun 1.5 ball beriladi)

**PARA STOL TENNIS IXTISOSLIGI BO'YICHA NOGIRON VA JISMONIY IMKONIYATI
CHEKLANGAN ABITURIENTLARNING (BIR QO'L VA BIR OYOQ NOZOLOGIYASI
UCHUN) KASBIY (IJODIY) IMTIHON BO'YICHA ME'YORIY TALABLARI VA
BAHOLASH MEZONLARI**

Erkaklar uchun

Nakat zarbasini ijro etish			
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50	75	17	25,5
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48	72	15	22,5
47	70,5	14	21
46	69	13	19,5
45	67,5	12	18
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43	64,5	10	15
42	63	9	13,5
41	61,5	8	12
40	60	7	10,5
39	58,5	6	9
38	57	5	7,5
37	55,5	4	6
36	54	3	4,5
35	52,5	2	3
34	51	1	1,5
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Izoh: (nakat) zarba stol ustida diagonal bo'ylab ijro etiladi: bunda oyoqlar keng yozilgan stoldan 30 smdan ortiq uzoqlashmagan holda bajariladi. Zarba qo'l va oyoq, gavda holatlarini to'g'ri texnik harakatlariga amal qilgan holda bajariladi. (har bir zarba uchun 1.5 ball beriladi)

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**PARA STOL TENNIS IXTISOSLIGI BO'YICHA NOGIRON VA JISMONIY IMKONIYATI
CHEKLANGAN ABITURIENTLARNING (NOZOLOGIYANING BOSHQA BARCHA
TURLARI UCHUN) KASBIY (IJODIY) IMTIHON BO'YICHA ME'YORIY TALABLARI VA
BAHOLASH MEZONLARI**

Erkaklar uchun

Nakat zarbasini ijro etish			
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31	46,5		
30	45		

Izoh: (nakat) zarba stol ustida diagonal bo'ylab ijro etiladi: bunda oyoqlar keng yozilgan stoldan 30 smdan ortiq uzoqlashmagan holda bajariladi. Zarba qo'l va oyoq, gavda holatlarini to'g'ri texnik harakatlariga amal qilgan holda bajariladi. (har bir zarba uchun 1.5 ball beriladi)

uchun

Nakat zarbasini ijro etish			
Natija	Ball	Natija	Ball
62	93	29	43,5
61	91,5	28	42
60	90	27	40,5
59	88,5	26	39
58	87	25	37,5
57	85,5	24	36
56	84	23	34,5
55	82,5	22	33
54	81	21	31,5
53	79,5	20	30
52	78	19	28,5
51	76,5	18	27
50	75	17	25,5
49	73,5	16	24
48	72	15	22,5
47	70,5	14	21
46	69	13	19,5
45	67,5	12	18
44	66	11	16,5
43	64,5	10	15
42	63	9	13,5
41	61,5	8	12
40	60	7	10,5
39	58,5	6	9
38	57	5	7,5
37	55,5	4	6
36	54	3	4,5
35	52,5	2	3
34	51	1	1,5
33	49,5		
32	48		
31	46,5		
30	45		

Izoh: (nakat) zarba stol ustida diagonal bo'ylab ijro etiladi: bunda oyoqlar keng yozilgan stoldan 30 smdan ortiq uzoqlashmagan holda bajariladi. Zarba qo'l va oyoq, gavda holatlarini to'g'ri texnik harakatlariga amal qilgan holda bajariladi. (har bir zarba uchun 1.5 ball beriladi)

**PARA STOL TENNIS IXTISOSLIGI BO'YICHA NOGIRON VA JISMONIY IMKONIYATI
CHEKLANGAN (BO'YI PAST) ABITURIENTLARINING KASBIY (IJODIY) IMTIHON
BO'YICHA ME'YORIY TALABLARI VA BAHOLASH MEZONLARI**

Erkaklar uchun

Nakat zarbasini ijro etish			
Natija	Ball	Natija	Ball
62	93	29	43,5
61	91,5	28	42
60	90	27	40,5
59	88,5	26	39
58	87	25	37,5
57	85,5	24	36
56	84	23	34,5
55	82,5	22	33
54	81	21	31,5
53	79,5	20	30
52	78	19	28,5
51	76,5	18	27
50	75	17	25,5
49	73,5	16	24
48	72	15	22,5
47	70,5	14	21
46	69	13	19,5
45	67,5	12	18
44	66	11	16,5
43	64,5	10	15
42	63	9	13,5
41	61,5	8	12
40	60	7	10,5
39	58,5	6	9
38	57	5	7,5
37	55,5	4	6
36	54	3	4,5
35	52,5	2	3
34	51	1	1,5
33	49,5		
32	48		
31	46,5		
30	45		

Izoh: (nakat) zarba stol ustida diagonal bo'ylab ijro etiladi: bunda oyoqlar keng yozilgan stoldan 30 smdan ortiq uzoqlashmagan holda bajariladi. Zarba qo'l va oyoq, gavda holatlarini to'g'ri texnik harakatlariga amal qilgan holda bajariladi. (har bir zarba uchun 1.5 ball beriladi)

Nakat zarbasini ijro etish			
Natija	Ball	Natija	Ball
62	93	29	43,5
61	91,5	28	42
60	90	27	40,5
59	88,5	26	39
58	87	25	37,5
57	85,5	24	36
56	84	23	34,5
55	82,5	22	33
54	81	21	31,5
53	79,5	20	30
52	78	19	28,5
51	76,5	18	27
50	75	17	25,5
49	73,5	16	24
48	72	15	22,5
47	70,5	14	21
46	69	13	19,5
45	67,5	12	18
44	66	11	16,5
43	64,5	10	15
42	63	9	13,5
41	61,5	8	12
40	60	7	10,5
39	58,5	6	9
38	57	5	7,5
37	55,5	4	6
36	54	3	4,5
35	52,5	2	3
34	51	1	1,5
33	49,5		
32	48		
31	46,5		
30	45		

Izoh: (nakat) zarba stol ustida diagonal bo'ylab ijro etiladi: bunda oyoqlar keng yozilgan stoldan 30 smdan ortiq uzoqlashmagan holda bajariladi. Zarba qo'l va oyoq, gavda holatlarini to'g'ri texnik harakatlariga amal qilgan holda bajariladi. (har bir zarba uchun 1.5 ball beriladi)

2025/2026 O'QUV YILI UCHUN NOGIRON VA JISMONIY IMKONIYATI
CHEKLANGANLARNING PNEVMATIK TO'PPONCHADAN O'Q OTISH IXTISOSLIGI
BO'YICHA (OYOQ NOZOLOGIYASI UCHUN) KASBIY (IJODIY) IMTIHONLARINING
ME'YORIY TALABLARI VA BAHOLASH MEZONLARI
(Ixtisoslik bo'yicha maksimal ball - 93 ball)

Erkaklar uchun

(PP8) Qog'oz nishonga o'q otish (10 urinishda)			
Natija	Ball	Natija	Ball
93	93	46	46
92	92	45	45
91	91	44	44
90	90	43	43
89	89	42	42
88	88	41	41
87	87	40	40
86	86	39	39
85	85	38	38
84	84	37	37
83	83	36	36
82	82	35	35
81	81	34	34
80	80	33	33
79	79	32	32
78	78	31	31
77	77	30	30
76	76	29	29
75	75	28	28
74	74	27	27
73	73	26	26
72	72	25	25
71	71	24	24
70	70	23	23
69	69	22	22
68	68	21	21
67	67	20	20
66	66	19	19
65	65	18	18
64	64	17	17
63	63	16	16
62	62	15	15
61	61	14	14
60	60	13	13
59	59	12	12
58	58	11	11
57	57	9	9
56	56	8	8
55	55	7	7
54	54	6	6
53	53	5	5
52	52	4	4

51	51	3	3
50	50	2	2
49	49	1	1
48	48		
47	47		

Izoh: Har bir abituriyentga sinov tariqasida 5 donadan o'q beriladi. Abituriyentlar pnevmatik to'pponchadan turgan holda o'q uzadilar. Abituriyentlar mutaxassisning ko'rsatmalariga to'liq rioya qilishlari shart

Ayollar uchun

(PP8) Qog'oz nishonga o'q otish (10 urinishda)			
Natija	Ball	Natija	Ball
93	93	46	46
92	92	45	45
91	91	44	44
90	90	43	43
89	89	42	42
88	88	41	41
87	87	40	40
86	86	39	39
85	85	38	38
84	84	37	37
83	83	36	36
82	82	35	35
81	81	34	34
80	80	33	33
79	79	32	32
78	78	31	31
77	77	30	30
76	76	29	29
75	75	28	28
74	74	27	27
73	73	26	26
72	72	25	25
71	71	24	24
70	70	23	23
69	69	22	22
68	68	21	21
67	67	20	20
66	66	19	19
65	65	18	18
64	64	17	17
63	63	16	16
62	62	15	15
61	61	14	14
60	60	13	13
59	59	12	12
58	58	11	11
57	57	9	9

56	56	8	8
55	55	7	7
54	54	6	6
53	53	5	5
52	52	4	4
51	51	3	3
50	50	2	2
49	49	1	1
48	48		
47	47		

Izoh: Har bir abituriyentga sinov tariqasida 5 donadan o'q beriladi. Abituriyentlar pnevmatik to'pponchadan turgan holda o'q uzadilar. Abituriyentlar mutaxassisning ko'rsatmalariga to'liq rioya qilishlari shart

2025/2026 O'QUV YILI UCHUN NOGIRON VA JISMONIY IMKONIYATI
CHEKLANGANLARNING **PNEVMATIK TO'PPONCHADAN O'Q OTISH IXTISOSLIGI**
BO'YICHA NOGIRON VA JISMONIY IMKONIYATI CHEKLANGAN
ABITURIENTLARING (QO'L NOZOLOGIYASI UCHUN) KASBIY (IJODIY) IMTIHON
BO'YICHA ME'YORIY TALABLARI VA BAHOLASH MEZONLARI
(Ixtisoslik bo'yicha maksimal ball - 93 ball)

Erkaklar uchun

(PP8) Qog'oz nishonga o'q otish (10 urinishda)			
Natija	Ball	Natija	Ball
93	93	46	46
92	92	45	45
91	91	44	44
90	90	43	43
89	89	42	42
88	88	41	41
87	87	40	40
86	86	39	39
85	85	38	38
84	84	37	37
83	83	36	36
82	82	35	35
81	81	34	34
80	80	33	33
79	79	32	32
78	78	31	31
77	77	30	30
76	76	29	29
75	75	28	28
74	74	27	27
73	73	26	26
72	72	25	25
71	71	24	24
70	70	23	23
69	69	22	22
68	68	21	21
67	67	20	20
66	66	19	19
65	65	18	18
64	64	17	17
63	63	16	16
62	62	15	15
61	61	14	14
60	60	13	13
59	59	12	12
58	58	11	11
57	57	9	9
56	56	8	8
55	55	7	7
54	54	6	6

53	53	5	5
52	52	4	4
51	51	3	3
50	50	2	2
49	49	1	1
48	48		
47	47		

Izoh: Har bir abituriyentga sinov tariqasida 5 donadan o'q beriladi. Abituriyentlar pnevmatik to'p panchadan turgan holda o'q uzadilar. Abituriyentlar mutaxassisning ko'rsatmalariga to'liq rioya qilishlari shart.

Ayollar
uchun

(PP8) Qog'oz nishonga o'q otish (10 urinishda)			
Natija	Ball	Natija	Ball
93	93	46	46
92	92	45	45
91	91	44	44
90	90	43	43
89	89	42	42
88	88	41	41
87	87	40	40
86	86	39	39
85	85	38	38
84	84	37	37
83	83	36	36
82	82	35	35
81	81	34	34
80	80	33	33
79	79	32	32
78	78	31	31
77	77	30	30
76	76	29	29
75	75	28	28
74	74	27	27
73	73	26	26
72	72	25	25
71	71	24	24
70	70	23	23
69	69	22	22
68	68	21	21
67	67	20	20
66	66	19	19
65	65	18	18
64	64	17	17
63	63	16	16
62	62	15	15
61	61	14	14
60	60	13	13

59	59	12	12
58	58	11	11
57	57	9	9
56	56	8	8
55	55	7	7
54	54	6	6
53	53	5	5
52	52	4	4
51	51	3	3
50	50	2	2
49	49	1	1
48	48		
47	47		

Izoh: Har bir abituriyentga sinov tariqasida 5 donadan o'q beriladi. Abituriyentlar pnevmatik to'pponchadan turgan holda o'q uzadilar. Abituriyentlar mutaxassisning ko'rsatmalariga to'liq rioya qilishlari shart

**PNEVMATIK TO'PPONCHADAN O'Q OTISH IXTISOSLIGI BO'YICHA NOGIRON VA
JISMONIY IMKONIYATI CHEKLANGAN ABITURIENTLARNING (BIR QO'L VA BIR
OYOQ NOZOLOGIYASI UCHUN) KASBIY (IJODIY) IMTIHON BO'YICHA ME'YORIY
TALABLARI VA BAHOLASH MEZONLARI
(Ixtisoslik bo'yicha maksimal ball - 93 ball)**

Erkaklar uchun

(PP8) Qog'oz nishonga o'q otish (10 urinishda)			
Natija	Ball	Natija	Ball
93	93	46	46
92	92	45	45
91	91	44	44
90	90	43	43
89	89	42	42
88	88	41	41
87	87	40	40
86	86	39	39
85	85	38	38
84	84	37	37
83	83	36	36
82	82	35	35
81	81	34	34
80	80	33	33
79	79	32	32
78	78	31	31
77	77	30	30
76	76	29	29
75	75	28	28
74	74	27	27
73	73	26	26
72	72	25	25
71	71	24	24
70	70	23	23
69	69	22	22
68	68	21	21
67	67	20	20
66	66	19	19
65	65	18	18
64	64	17	17
63	63	16	16
62	62	15	15
61	61	14	14
60	60	13	13
59	59	12	12
58	58	11	11
57	57	9	9
56	56	8	8
55	55	7	7
54	54	6	6
53	53	5	5

52	52	4	4
51	51	3	3
50	50	2	2
49	49	1	1
48	48		
47	47		

Izoh: Har bir abituriyentga sinov tariqasida 5 donadan o'q beriladi. Abituriyentlar pnevmatik to'punchadan turgan holda o'q uzadilar. Abituriyentlar mutaxassisning ko'rsatmalariga to'liq rioya qilishlari shart.

Ayollar uchun

(PP8) Qog'oz nishonga o'q otish (10 urinishda)			
Natija	Ball	Natija	Ball
93	93	46	46
92	92	45	45
91	91	44	44
90	90	43	43
89	89	42	42
88	88	41	41
87	87	40	40
86	86	39	39
85	85	38	38
84	84	37	37
83	83	36	36
82	82	35	35
81	81	34	34
80	80	33	33
79	79	32	32
78	78	31	31
77	77	30	30
76	76	29	29
75	75	28	28
74	74	27	27
73	73	26	26
72	72	25	25
71	71	24	24
70	70	23	23
69	69	22	22
68	68	21	21
67	67	20	20
66	66	19	19
65	65	18	18
64	64	17	17
63	63	16	16
62	62	15	15
61	61	14	14
60	60	13	13
59	59	12	12
58	58	11	11

57	57	9	9
56	56	8	8
55	55	7	7
54	54	6	6
53	53	5	5
52	52	4	4
51	51	3	3
50	50	2	2
49	49	1	1
48	48		
47	47		

Izoh: Har bir abituriyentga sinov tariqasida 5 donadan o'q beriladi. Abituriyentlar pnevmatik to'pponchadan turgan holda o'q uzadilar. Abituriyentlar mutaxassisning ko'rsatmalariga to'liq rioya qilishlari shart.

**PNEVMATIK TO'PPONCHADAN O'Q OTISH IXTISOSLIGI BO'YICHA NOGIRON VA
JISMONIY IMKONIYATI CHEKLANGAN ABITURIENTLARNING (NOZOLOGIYANING
BOSHQA BARCHA TURLARI UCHUN) KASBIY (IJODIY) IMTIHON BO'YICHA
ME'YORIY TALABLARI VA BAHOLASH MEZONLARI
(Ixtisoslik bo'yicha maksimal ball - 93 ball)**

Erkaklar uchun

(PP8) Qog'oz nishonga o'q otish (10 urinishda)			
Natija	Ball	Natija	Ball
93	93	46	46
92	92	45	45
91	91	44	44
90	90	43	43
89	89	42	42
88	88	41	41
87	87	40	40
86	86	39	39
85	85	38	38
84	84	37	37
83	83	36	36
82	82	35	35
81	81	34	34
80	80	33	33
79	79	32	32
78	78	31	31
77	77	30	30
76	76	29	29
75	75	28	28
74	74	27	27
73	73	26	26
72	72	25	25
71	71	24	24
70	70	23	23
69	69	22	22
68	68	21	21
67	67	20	20
66	66	19	19
65	65	18	18
64	64	17	17
63	63	16	16
62	62	15	15
61	61	14	14
60	60	13	13
59	59	12	12
58	58	11	11
57	57	9	9
56	56	8	8
55	55	7	7
54	54	6	6
53	53	5	5

52	52	4	4
51	51	3	3
50	50	2	2
49	49	1	1
48	48		
47	47		

Izoh: Har bir abituriyentga sinov tariqasida 5 donadan o'q beriladi. Abituriyentlar pnevmatik to'pponchadan turgan holda o'q uzadilar. Abituriyentlar mutaxassisning ko'rsatmalariga to'liq rioya qilishlari shart.

Ayollar uchun

(PP8) Qog'oz nishonga o'q otish (10 urinishda)			
Natija	Ball	Natija	Ball
93	93	46	46
92	92	45	45
91	91	44	44
90	90	43	43
89	89	42	42
88	88	41	41
87	87	40	40
86	86	39	39
85	85	38	38
84	84	37	37
83	83	36	36
82	82	35	35
81	81	34	34
80	80	33	33
79	79	32	32
78	78	31	31
77	77	30	30
76	76	29	29
75	75	28	28
74	74	27	27
73	73	26	26
72	72	25	25
71	71	24	24
70	70	23	23
69	69	22	22
68	68	21	21
67	67	20	20
66	66	19	19
65	65	18	18
64	64	17	17
63	63	16	16
62	62	15	15
61	61	14	14
60	60	13	13
59	59	12	12
58	58	11	11

57	57	9	9
56	56	8	8
55	55	7	7
54	54	6	6
53	53	5	5
52	52	4	4
51	51	3	3
50	50	2	2
49	49	1	1
48	48		
47	47		

Izoh: Har bir abituriyentga sinov tariqasida 5 donadan o'q beriladi. Abituriyentlar pnevmatik to'pponchadan turgan holda o'q uzadilar Abituriyentlar mutaxasisning ko'rsatmalariga to'liq rioya qilishlari shart.

PNEVMATIK TO'PPONCHADAN O'Q OTISH IXTISOSLIGI BO'YICHA NOGIRON VA JISMONIY IMKONIYATI CHEKLANGAN (BO'YI PAST) ABITURIENTLARNING KASBIY (IJODIY) IMTIHON BO'YICHA ME'YORIY TALABLARI VA BAHOLASH MEZONLARI
(Ixtisoslik bo'yicha maksimal ball - 93 ball)

Erkaklar uchun

(PP8) Qog'oz nishonga o'q otish (10 urinishda)			
Natija	Ball	Natija	Ball
93	93	46	46
92	92	45	45
91	91	44	44
90	90	43	43
89	89	42	42
88	88	41	41
87	87	40	40
86	86	39	39
85	85	38	38
84	84	37	37
83	83	36	36
82	82	35	35
81	81	34	34
80	80	33	33
79	79	32	32
78	78	31	31
77	77	30	30
76	76	29	29
75	75	28	28
74	74	27	27
73	73	26	26
72	72	25	25
71	71	24	24
70	70	23	23
69	69	22	22
68	68	21	21
67	67	20	20
66	66	19	19
65	65	18	18
64	64	17	17
63	63	16	16
62	62	15	15
61	61	14	14
60	60	13	13
59	59	12	12
58	58	11	11
57	57	9	9
56	56	8	8
55	55	7	7
54	54	6	6
53	53	5	5
52	52	4	4

51	51	3	3
50	50	2	2
49	49	1	1
48	48		
47	47		

Izoh: Har bir abituriyentga sinov tariqasida 5 donadan o'q beriladi. Abituriyentlar pnevmatik to'pponchadan turgan holda o'q uzadilar. Abituriyentlar mutaxassisning ko'rsatmalariga to'liq rioya qilishlari shart.

Ayollart uchun

(PP8) Qog'oz nishonga o'q otish (10 urinishda)			
Natija	Ball	Natija	Ball
93	93	46	46
92	92	45	45
91	91	44	44
90	90	43	43
89	89	42	42
88	88	41	41
87	87	40	40
86	86	39	39
85	85	38	38
84	84	37	37
83	83	36	36
82	82	35	35
81	81	34	34
80	80	33	33
79	79	32	32
78	78	31	31
77	77	30	30
76	76	29	29
75	75	28	28
74	74	27	27
73	73	26	26
72	72	25	25
71	71	24	24
70	70	23	23
69	69	22	22
68	68	21	21
67	67	20	20
66	66	19	19
65	65	18	18
64	64	17	17
63	63	16	16
62	62	15	15
61	61	14	14
60	60	13	13
59	59	12	12
58	58	11	11
57	57	9	9

56	56	8	8
55	55	7	7
54	54	6	6
53	53	5	5
52	52	4	4
51	51	3	3
50	50	2	2
49	49	1	1
48	48		
47	47		

Izoh: Har bir abituriyentga sinov tariqasida 5 donadan o'q beriladi. Abituriyentlar pnevmatik To'pponchadan turgan holda o'q uzadilar. Abituriyentlar mutaxassisning ko'rsatmalariga to'liq rioya qilishlari shart.

**PNEVMATIK MILTIQDAN O'Q OTISH IXTISOSLIGI BO'YICHA NOGIRON VA
JISMONIY IMKONIYATI CHEKLANGAN ABITURIENTLARNING (OYOQ
NOZOLOGIYASI UCHUN) KASBIY (IJODIY) IMTIHON BO'YICHA ME'YORIY
TALABLARI VA BAHOLASH MEZONLARI
(Ixtisoslik bo'yicha maksimal ball - 93 ball)**

Erkaklar uchun

(PP9) Qog'oz nishonga o'q otish (10 urinishda)			
Natija	Ball	Natija	Ball
93	93	46	46
92	92	45	45
91	91	44	44
90	90	43	43
89	89	42	42
88	88	41	41
87	87	40	40
86	86	39	39
85	85	38	38
84	84	37	37
83	83	36	36
82	82	35	35
81	81	34	34
80	80	33	33
79	79	32	32
78	78	31	31
77	77	30	30
76	76	29	29
75	75	28	28
74	74	27	27
73	73	26	26
72	72	25	25
71	71	24	24
70	70	23	23
69	69	22	22
68	68	21	21
67	67	20	20
66	66	19	19
65	65	18	18
64	64	17	17
63	63	16	16
62	62	15	15
61	61	14	14
60	60	13	13
59	59	12	12
58	58	11	11
57	57	9	9
56	56	8	8
55	55	7	7
54	54	6	6
53	53	5	5

52	52	4	4
51	51	3	3
50	50	2	2
49	49	1	1
48	48		
47	47		

Izoh: Har bir abituriyentga sinov tariqasida 5 donadan o'q beriladi.

Ayollar uchun

(PP9) Qog'oz nishonga o'q otish (10 urinishda)			
Natija	Ball	Natija	Ball
93	93	46	46
92	92	45	45
91	91	44	44
90	90	43	43
89	89	42	42
88	88	41	41
87	87	40	40
86	86	39	39
85	85	38	38
84	84	37	37
83	83	36	36
82	82	35	35
81	81	34	34
80	80	33	33
79	79	32	32
78	78	31	31
77	77	30	30
76	76	29	29
75	75	28	28
74	74	27	27
73	73	26	26
72	72	25	25
71	71	24	24
70	70	23	23
69	69	22	22
68	68	21	21
67	67	20	20
66	66	19	19
65	65	18	18
64	64	17	17
63	63	16	16
62	62	15	15
61	61	14	14
60	60	13	13
59	59	12	12
58	58	11	11
57	57	9	9
56	56	8	8

55	55	7	7
54	54	6	6
53	53	5	5
52	52	4	4
51	51	3	3
50	50	2	2
49	49	1	1
48	48		
47	47		

Izoh: Har bir abituriyentga sinov tariqasida 5 donadan o'q beriladi

**PNEVMATIK MILTIQDAN O'Q OTISH IXTISOSLIGI BO'YICHA NOGIRON VA
JISMONIY IMKONIYATI CHEKLANGAN ABITURIENTLARING (QO'L NOZOLOGIYASI
UCHUN) KASBIY (IJODIY) IMTIHON BO'YICHA ME'YORIY TALABLARI VA
BAHOLASH MEZONLARI
(Ixtisoslik bo'yicha maksimal ball - 93 ball)**

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81	81	34	34
80	80	33	33
79	79	32	32
78	78	31	31
77	77	30	30
76	76	29	29
75	75	28	28
74	74	27	27
73	73	26	26
72	72	25	25
71	71	24	24
70	70	23	23
69	69	22	22
68	68	21	21
67	67	20	20
66	66	19	19
65	65	18	18
64	64	17	17
63	63	16	16
62	62	15	15
61	61	14	14
60	60	13	13
59	59	12	12
58	58	11	11
57	57	9	9
56	56	8	8
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51	51	3	3
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Izoh: Har bir abituriyentga sinov tariqasida 5 donadan o'q beriladi.

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66	66	19	19
65	65	18	18
64	64	17	17
63	63	16	16
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Izoh: Har bir abituriyentga sinov tariqasida 5 donadan o'q beriladi.

**PNEVMATIK MILTIQDAN O‘Q OTISH IXTISOSLIGI BO‘YICHA NOGIRON VA
JISMONIY IMKONIYATI CHEKLANGAN ABITURIENTLARNING (BIR QO‘L VA BIR
OYOQ NOZOLOGIYASI UCHUN) KASBIY (IJODIY) IMTIHON BO‘YICHA ME‘YORIY
TALABLARI VA BAHOLASH MEZONLARI
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