

2025/2026 O'QUV YILI UCHUN **O'Q OTISH VA STEND OTISH** IXTISOSLIGIDAN
KASBIY (IJODIY) IMTIHONLARINING ME'YORIY TALABLARI VA BAHOLASH
MEZONLARI

(Ixtisoslik bo'yicha maksimal ball - 93 ball)

Erkaklar va ayollar uchun

MILTIQ

	Ballar (diapazon)		Ball
	Erkaklar	Ayollar	
10 metrli masofadan otish (60 ta oq)	580 (610.0)+	580 (610.0)+	93
	579 (609.0-609.9)	579 (609.0-609.9)	92
	578 (608.0-608.9)	578 (608.0-608.9)	91
	577 (607.0-607.9)	577 (607.0-607.9)	90
	576 (606.0-606.9)	576 (606.0-606.9)	89
	575 (605.0-605.9)	575 (605.0-605.9)	88
	574 (604.0-604.9)	574 (604.0-604.9)	87
	573 (603.0-603.9)	573 (603.0-603.9)	86
	572 (602.0-602.9)	572 (602.0-602.9)	85
	571 (601.0-601.9)	571 (601.0-601.9)	84
	570 (600.0-600.9)	570 (600.0-600.9)	83
	569 (599.0-599.9)	569 (599.0-599.9)	82
	568 (598.0-598.9)	568 (598.0-598.9)	81
	567 (597.0-597.9)	567 (597.0-597.9)	80
	566 (596.0-596.9)	566 (596.0-596.9)	79
	565 (595.0-595.9)	565 (595.0-595.9)	78
	564 (594.0-594.9)	564 (594.0-594.9)	77
	563 (593.0-593.9)	563 (593.0-593.9)	76
	562 (592.0-592.9)	562 (592.0-592.9)	75
	561 (591.0-591.9)	561 (591.0-591.9)	74
	560 (590.0-590.9)	560 (590.0-590.9)	73
	559 (589.0-589.9)	559 (589.0-589.9)	72
	558 (588.0-588.9)	558 (588.0-588.9)	71
	557 (587.0-587.9)	557 (587.0-587.9)	70
	556 (586.0-586.9)	556 (586.0-586.9)	69
	555 (585.0-585.9)	555 (585.0-585.9)	68
	554 (584.0-584.9)	554 (584.0-584.9)	67
	552-553 (582.0-583.9)	552-553 (582.0-583.9)	66
	551 (581.0-581.9)	551 (581.0-581.9)	65
	550 (580.0-580.9)	550 (580.0-580.9)	64
	549 (579.0-579.9)	549 (579.0-579.9)	63
	548 (578.0-578.9)	548 (578.0-578.9)	62
	547 (577.0-577.9)	547 (577.0-577.9)	61
	546 (576.0-576.9)	546 (576.0-576.9)	60
	544-545 (574.0-575.9)	544-545 (574.0-575.9)	59
	543 (573.0-574.9)	543 (573.0-574.9)	58
	542 (572.0-572.9)	542 (572.0-572.9)	57
	540-541 (570.0-571.9)	540-541 (570.0-571.9)	56
	539 (569.0-569.9)	539 (569.0-569.9)	55
	538 (568.0-568.9)	538 (568.0-568.9)	54
	536-537 (566.0-567.9)	536-537 (566.0-567.9)	53
	535 (565.0-565.9)	535 (565.0-565.9)	52
	533-534 (563.0-564.9)	533-534 (563.0-564.9)	51
	532 (562.0-562.9)	532 (562.0-562.9)	50
	530-531 (560.0-561.9)	530-531 (560.0-561.9)	49
	529 (559.0-559.9)	529 (559.0-559.9)	48
	527-528 (557.0-558.9)	527-528 (557.0-558.9)	47
	526 (556.0-556.9)	526 (556.0-556.9)	46
	524-525 (554.0-555.9)	524-525 (554.0-555.9)	45
	522-523 (552.0-553.9)	522-523 (552.0-553.9)	44
	520-521 (550.0-551.9)	520-521 (550.0-551.9)	43
	519 (549.0-549.9)	519 (549.0-549.9)	42

517-518 (547.0-548.9)	517-518 (547.0-548.9)	41
515-516 (545.0-546.9)	515-516 (545.0-546.9)	40
513-514 (543.0-544.9)	513-514 (543.0-544.9)	39
511-512 (541.0-542.9)	511-512 (541.0-542.9)	38
509-510 (539.0-540.9)	509-510 (539.0-540.9)	37
507-508 (537.0-538.9)	507-508 (537.0-538.9)	36
504-506 (534.0-536.9)	504-506 (534.0-536.9)	35
502-503 (532.0-533.9)	502-503 (532.0-533.9)	34
500-501 (530.0-531.9)	500-501 (530.0-531.9)	33
497-499 (527.0-529.9)	497-499 (527.0-529.9)	32
495-496 (525.0-526.9)	495-496 (525.0-526.9)	31
492-494 (522.0-524.9)	492-494 (522.0-524.9)	30
489-491 (519.0-521.9)	489-491 (519.0-521.9)	29
486-488 (516.0-518.9)	486-488 (516.0-518.9)	28
483-485 (513.0-515.9)	483-485 (513.0-515.9)	27
480-482 (510.0-512.9)	480-482 (510.0-512.9)	26
476-479 (506.0-509.9)	476-479 (506.0-509.9)	25
473-475 (503.0-505.9)	473-475 (503.0-505.9)	24
469-472 (499.0-502.9)	469-472 (499.0-502.9)	23
465-468 (495.0-498.9)	465-468 (495.0-498.9)	22
461-464 (491.0-494.9)	461-464 (491.0-494.9)	21
456-460 (486.0-490.9)	456-460 (486.0-490.9)	20
451-455 (481.0-485.9)	451-455 (481.0-485.9)	19
446-450 (476.0-480.9)	446-450 (476.0-480.9)	18
440-445 (470.0-475.9)	440-445 (470.0-475.9)	17
434-439 (464.0-469.9)	434-439 (464.0-469.9)	16
427-433 (457.0-463.9)	427-433 (457.0-463.9)	15
420-426 (450.0-456.9)	420-426 (450.0-456.9)	14
411-419 (441.0-449.9)	411-419 (441.0-449.9)	13
401-410 (431.0-440.9)	401-410 (431.0-440.9)	12
389-400 (411.0-430.9)	389-400 (411.0-430.9)	11
375-388 (405.0-410.9)	375-388 (405.0-410.9)	10
357-374 (387.0-404.9)	357-374 (387.0-404.9)	9
332-356 (362.0-386.9)	332-356 (362.0-386.9)	8
291-331 (321.0-361.9)	291-331 (321.0-361.9)	7
171-290 (201.0-320.9)	171-290 (201.0-320.9)	6
151-170 (181.0-200.9)	151-170 (181.0-200.9)	5
131-150 (161.0-180.9)	131-150 (161.0-180.9)	4
101-130 (131.0-160.9)	101-130 (131.0-160.9)	3
71-100 (101.0-130.9)	71-100 (101.0-130.9)	2
1-70 (0-100.9)	1-70 (0-100.9)	1

Izoh: " miltiq " mashqida 60 ta o'q uzish natijasidan to'plangan ochkolarni hisoblash o'ndan birlarsiz tizim bo'yicha amalga oshiriladi. O'q uzish standartlarga muvofiq 8-raqamli qog'oz nishonlarda yoki SIUS elektron qurilmasida AR-60 mashqi orqali qayd etilishi lozim (elektron qurilmada hisoblash o'ndan birlar tizimi bo'yicha olib boriladi, tegishli natijalar quyida ballar ustunida keltirilgan).

Ushbu mezonlar O'zbekiston Respublikasining o'q otish bo'yicha razryad me'yorlari asosida ishlab chiqilgan. Kirish imtihonlarida qatnashish uchun abituriyentlar o'zlari bilan o'q otish uchun to'liq sport anjomlari va jihozlarini olib kelishlari shart.

**2025/2026 O'QUV YILI UCHUN O'Q OTISH VA STEND OTISH IXTISOSLIGIDAN
KASBIY (IJODIY) IMTIHONLARINING ME'YORIY TALABLARI VA BAHOLASH
MEZONLARI
(Ixtisoslik bo'yicha maksimal ball - 93 ball)**

PISTOLET

Erkaklar va ayllor uchun

	Ballar (diapazon)		Ball
	Erkaklar	Ayollar	
	570	555	93
	569	554	92
	568	553	91
	567	552	90
	566	551	89
	565	550	88
	564	549	87
	563	548	86
	562	547	85
	561	546	84
	560	545	83
	559	544	82
	558	543	81
	557	542	80
	556	541	79
	555	540	78
	554	539	77
	553	538	76
	552	537	75
	551	536	74
	550	535	73
	549	534	72
	548	533	71
	547	532	70
	546	531	69
	545	530	68
	544	529	67
	542-543	528	66
	541	527	65
	540	526	64
	549	525	63
	548	524	62
	547	523	61
	546	522	60
	544	521	59
	543	520	58
	542	519	57
	540	518	56
	539	517	55
	538	516	54
	536-537	515	53
	535	514	52
	533-534	513	51
	532	512	50
	530-531	511	49
	529	510	48
	527-528	509	47
	526	508	46
	524-525	507	45
	522-523	506	44

**10 metrli masofadan otish
(60 ta oq)**

	520-521	505	43
	519-519	507	42
	517-518	506	41
	515-516	505	40
	513-514	504	39
	511-512	503	38
	509-510	502	37
	507-508	501	36
	504-506	500	35
	502-503	499	34
	500-501	498	33
	497-499	497	32
	495-496	495-496	31
	492-494	492-494	30
	489-491	489-491	29
	486-488	486-488	28
	483-485	483-485	27
	480-482	480-482	26
	476-479	476-479	25
	473-475	473-475	24
	469-472	469-472	23
	465-468	465-468	22
	461-464	461-464	21
	456-460	456-460	20
	451-455	451-455	19
	446-450	446-450	18
	440-445	440-445	17
	434-439	434-439	16
	427-433	427-433	15
	420-426	420-426	14
	411-419	411-419	13
	401-410	401-410	12
	389-400	389-400	11
	375-388	375-388	10
	357-374	357-374	9
	332-356	332-356	8
	291-331	291-331	7
	171-290	171-290	6
	151-170	151-170	5
	131-150	131-150	4
	101-130	101-130	3
	71-100	71-100	2
	1-70	1-70	1

Izoh: "Pistolet " mashqida to'plangan ochkolar 60 ta o'q uzish natijasining yig'indisidan hisoblanadi. O'q uzish standartlarga muvofiq 9-raqamli qog'oz nishonlarda (olimpiya) yoki SIUS elektron qurilmasining AP-60 mashqida qayd etilishi lozim. "Miltiq-to'pponcha" mashqlarida ochkolar soni qanchalik yuqori bo'lsa, ballarda baholash ko'rsatkichi ham shunchalik yuqori bo'ladi.

Ushbu mezonlar O'zbekiston Respublikasining o'q otish bo'yicha razryad me'yorlari asosida ishlab chiqilgan. Kirish imtihonlarida qatnashish uchun abituriyentlar o'zlari bilan o'q otish uchun zarur bo'lgan barcha sport anjomlari va jihozlarini olib kelishlari shart.

**2025/2026 O'QUV YILI UCHUN O'Q OTISH VA STEND OTISH IXTISOSLIGIDAN
KASBIY (IJODIY) IMTIHONLARINING ME'YORIY TALABLARI VA BAHOLASH
MEZONLARI
(Ixtisoslik bo'yicha maksimal ball - 93 ball)**

STEND OTISH

Erkaklar va ayollar uchun

	Ball		Ball
	Erkaklar	Ayollar	
	0-1	0-1	1
	2	2	2
	3	3	3
	4	4	4
	5	5	5
	6	6	6
	7	7	7
	8	8	8
	9	9	9
	10	10	10
	11	11	11
	12	12	12
	13	13	13
	14	14	14
	15	15	15
	16	16	16
	17	17	17
	18	18	18
	19	19	19
	20	20	20
	21	21	21
	22	22	22
	23	23	23
	24	24	24
	25	25	25
	26	26	26
	27	27	27
	28	28	28
	29	29	29
	30	30	30
	31	31	31
	32	32	32
	33	33	33
	34	34	34
	35	35	35
	36	36	36
	37	37	37
	38	38	38
	39	39	39
	40	40	40
	41	41	41
	42	42	42
	43	43	43
	44	44	44
	45	45	45
	46	46	46
	47	47	47
	48	48	48
	49	49	49
	50	50	50

Stenda oq otish
skit
(125 marta)

	51	51	51
	52	52	52
	53	53	53
	54	54	54
	55	55	55
	56	56	56
	57	57	57
	58	58	58
	59	59	59
	60	60	60
	61	61	61
	62	62	62
	63	63	63
	64	64	64
	65	65	65
	66	66	66
	67	67	67
	68	68	68
	69	69	69
	70	70	70
	71	71	71
	72	72	72
	73	73	73
	74	74	74
	75	75	75
	76	76	76
	77	77	77
	78	78	78
	79	79	79
	80	80	80
	81	81	81
	82	82	82
	83	83	83
	84	84	84
	85	85	85
	86	86	86
	87	87	87
	88	88	88
	89	89	89
	90	90	90
	91	91	91
	92	92	92
	93+	93+	93

Izoh: o'q otish olimpiada standartlari bo'yicha bajariladi, aylana stendda 67-68 m, nishonning uchish uzoqligi, "Stendda o'q otish" mashqlarida ochkolar soni qancha ko'p bo'lsa, ballarda baholash ko'rsatkichi shuncha yuqori bo'ladi.

Ushbu mezonlar O'zbekiston Respublikasining o'q otish bo'yicha razryad me'yorlari asosida ishlab chiqilgan. Kirish imtihonlarida qatnashish uchun abituriyentlar o'zlari bilan o'q otish uchun zarur bo'lgan barcha sport anjomlari va jihozlarini olib kelishlari shart.

**2025-2026 O'QUV YILI UCHUN O'Q OTISH VA STEND OTISH IXTISOSLIGIDAN KIRISH IJODIY IMTIHONLARINING
ME'YORIY TALABLARI VA BAHOLASH ME'ZONLARI**
Jismoniy tayyorgarlik (maksimal ball – 63)

Erkakalar va ayollar uchun												
1	Miltiqni pozada ushlab turish tik turgan holatda (daqiq)	1-3 ball 0:01-5:00-9:00	4-5 ball 9:01-10:33	6-7 ball 10:34-11:06	8-9 ball 11:07-11:39	10-11 ball 11:40-12:12	12-13 ball 12:13-12:45	14-15 ball 12:46-13:18	16-17 ball 13:19-13:51	18-19 ball 13:52-14:24	20-21 ball 14:25-15:00	
		Qurolni tik turgan holda ushlab turish (daqiq)	0:01-0:45-1:09	1:10-1:19	1:20-1:29	1:30-1:39	1:40-1:49	1:50-1:59	2:00-2:09	2:10-2:19	2:20-2:29	2:30-2:35+
	Qurolni pozada ushlab turish tik turgan holatda (daqiq)	0:01-0:45-1:09	1:10-1:19	1:20-1:29	1:30-1:39	1:40-1:49	1:50-1:59	2:00-2:09	2:10-2:19	2:20-2:29	2:30-2:35+	
	2	Karpal dinamometriyasi (kg)	1-3 ball 0-13-18.4	4-5 ball 18.5-20.4	6-7 ball 20.5-22.5	8-9 ball 22.6-24.5	10-11 ball 24.6-26.6	12-13 ball 27-28.6	14-15 ball 29.7-30.7	16-17 ball 30.8-32.7	18-19 ball 32.8-34.8	20-21 ball 34.9-36.8
3	Arqonsiz sakrash to'xtashlar (1 daqiqada bir necha marta)	1-3 ball 0-18-25	4-5 ball 26-29	6-7 ball 30-32	8-9 ball 33-36	10-11 ball 37-40	12-13 ball 41-44	14-15 ball 45-48	16-17 ball 49-52	18-19 ball 53-56	20-21 ball 57-60+	
		Ayollar uchun										
1	Miltiqni pozada ushlab turish tik turgan holatda (daqiq)	1-3 ball 0:01-5:00-9:00	4-5 ball 9:01-10:33	6-7 ball 10:34-11:06	8-9 ball 11:07-11:39	10-11 ball 11:40-12:12	12-13 ball 12:13-12:45	14-15 ball 12:46-13:18	16-17 ball 13:19-13:51	18-19 ball 13:52-14:24	20-21 ball 14:25-15:00	
		Qurolni tik turgan holda ushlab turish (daqiq)	0:01-0:30-:0:45	0:46-0:51	0:52-0:57	1:03	1:09	1:15	1:21	1:27	1:33	1:45
	Qurolni pozada ushlab turish tik turgan holatda (daqiq)	0:01-0:30-:0:45	0:46-0:51	0:52-0:57	1:03	1:09	1:15	1:21	1:27	1:33	1:45	
	2	Karpal dinamometriyasi (kg)	1-3 ball 0-13-18.4	4-5 ball 18.5-20.4	6-7 ball 20.5-22.5	8-9 ball 22.6-24.5	10-11 ball 24.6-26.6	12-13 ball 27-28.6	14-15 ball 29.7-30.7	16-17 ball 30.8-32.7	18-19 ball 32.8-34.8	20-21 ball 34.9-36.8

		0-10-15.7	15.8-17.4	17.5-19.2	19.3-20.9	21-22.7	22.8-24.4	24.5-26.2	26.3-27.9	28-29.7	29.8-31.4+
3	Arqonsiz sakrash to'xtashlar (1 daqiqada bir necha marta)	1-3 ball	4-5 ball	6-7 ball	8-9 ball	10-11 ball	12-13 ball	14-15 ball	16-17 ball	18-19 ball	20-21 ball
		0-18-25	26-29	30-32	33-36	37-40	41-44	45-48	49-52	53-56	57-60+

Izoh: Sportchi qaysi mashqda ixtisoslashgan bo'lsa, o'sha mashq bo'yicha O'zbekiston Respublikasining o'q otish va stand otishi bo'yicha tasdiqlangan razryad me'yorlariga muvofiq o'tkazish nazorat me'yorlarini topshiradi.

Kafedra mudiri  Imzo F.I.Sh